

"In the next century, the global population is set to grow to between 10 and 12 billion people"

Welcome to the Human Age, page 26

### Meet the team...



**Charlie G Production Editor** As you'll see on page

26, we are now living in the Human Age, or the Anthropocene to give it its unofficial title. Only time will tell if it turns out to be a period of prosperity for our planet, or its undoing.



**Charlie E Staff Writer** 

We had an amazing time at the Bluedot Festival at Jodrell Bank near Manchester! From displays of cutting-edge science to lectures on parasites and some great live music, find out more on page 6!



**James Research Editor** 

For my final issue at How It Works, I took a look at the clever science behind airport security, which you can find on page 64. Now it's time for me to return to the laboratory, farewell readers!



**Duncan** Senior **Art Editor** 

The advent of the atom bomb changed the world forever. We meet the minds behind the Manhattan Project on page 74 and discover how they struggled to tame the beast they created.



Laurie **Studio Designer** 

In a world of fake news and 'alternative' facts, how can you make sure that the science you read about is real? On page 24 we look at how to spot bad science and ensure you're getting the facts right.



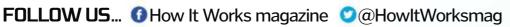
Social media has revolutionised the way we communicate and connect with each other. But does it actually make us more sociable? In our cover feature

this month we answer questions on the technology behind these networks and how using them affects our brains.

In the environment section, we investigate the case for the Anthropocene. We have clearly had a dramatic impact on our planet, but has human activity been enough to create an entirely new geological epoch? Find out on page 26.

If you've always wanted to get involved in research projects but don't have professional science experience, don't worry, there are plenty of experiments and surveys you can get involved in, either online or locally. You could help discover exoplanets, analyse genes, aid disaster relief or collect population data for vulnerable species. Check out our citizen science feature on page 14 to find out more. We hope you enjoy the issue!







# CONTENTS 38

### **SCIENCE**

- 14 Citizen science
  Find out how you can get
  involved in some amazing
  research projects
- 22 Hand anatomy
- 23 The science of tea
- 23 What is IV fluid?
- 24 Spotting bad science

### **ENVIRONMENT**

- 26 Welcome to the Anthropocene
  Is the 'human age' a new geological epoch?
- 34 Pangolins
- 36 Tallest tsunami wave
- 37 Volcano birds
- 37 Cook pine trees

### ↑ TECHNOLOGY

38 The science of social media

What technology powers networking sites and how do they affect your brain?

- 44 Synthesisers
- **45** Lightbulb efficiency
- 45 Mechanisms & motion
- 46 Nokia 3310: old vs new
- 48 What are gas flares?



- **Detecting life on Earth**How our world's vital signs could help us detect life on others
- 58 The ISS truss
- **60** Moongazing tips
- 61 Astrolabes
- **61** Black widow pulsars
- **62** Juno's discoveries so far

### \* TRANSPORT

64 Airport security
The devices and methods that
help keep us safe when we travel

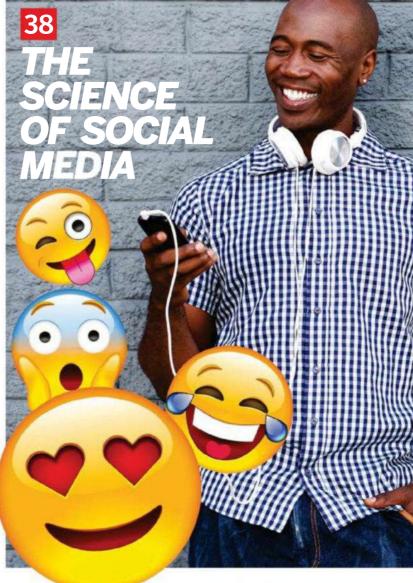
- 70 Inside a car wash
- 72 The points of sail

### HISTORY

74 The Manhattan Project
Discover how scientists built the
first nuclear weapons and
changed the world forever

- 78 Milan cathedral
- **80** Viking raids
- 81 How were the Pompeii casts made?
- **80** How an abacus works
- 80 Dangerous beauty products







### Meet the experts...



### Laura Mears This month Laura reveals the tech and psychology behind social

media. Over in the history section, she explains how and why the Manhattan Project began and how its results shook the world.



Jonny O'Callaghan In our space feature, Jonny explains how

observing Earth

could help us find signs of life on other worlds. He also uncovers the tech behind synthesisers, the instruments that defined the 1980s.



**Jo Stass**In the environment section, Jo examine

section, Jo examines the case for declaring a new geological epoch:

the Anthropocene. Find out just how much impact we have had on our planet with some sobering stats on page 26.



### Stephen Ashby In this month's

In this month's technology section, Steve compares the original Nokia 3310 to its shiny new

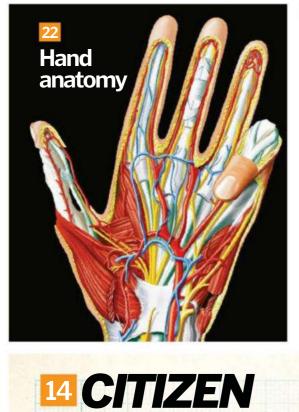
iteration. We're hoping to see more classic phone features make a comeback – how can you pretend to be on Star Trek without flip phones?



### **Steve Wright** In our latest

book reviews, Steve gives us his verdict on the latest releases in

science and technology titles, including the Haynes Owners' Workshop Manual of astronauts from the 1960s to the present day.



SCIENCE

10,786 g



### **REGULARS**



# **Global eye**Science and tech stories from around the world

### 12 Q&A We speak to Josiah Zayner about the citizen science movement

**84 Brain dump**We answer your questions

### 88 Book reviews Check out the latest releases for inquisitive minds

**90 Puzzles**Give your brain a workout with our new puzzle pages

### 94 How to... Make a simple compass and test your tastebuds

## 96 Letters Our readers have their say on all things science and tech

98 Fast facts
Amazing trivia that will blow your mind

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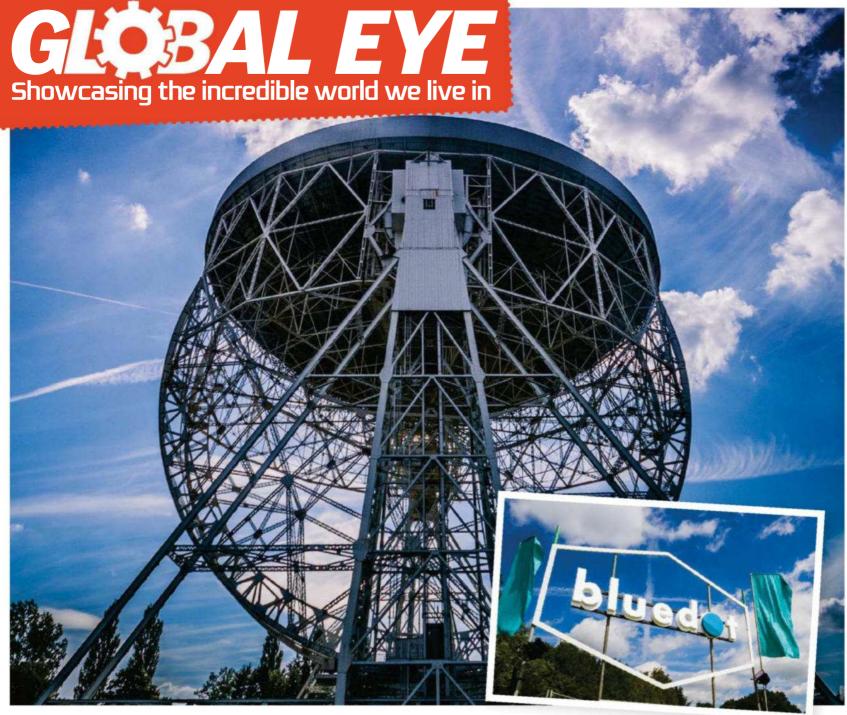




74 The Manhattan Project

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# What we learned at Bluecot How It Works visited an incredible festival celebrating a fusion of science, music and art under the iconic Lovell telescope

On 7 July 2017, the Jodrell Bank Discovery Centre became home to the Bluedot Festival for the third year running. With

a line up of fantastic musicians, along with a dazzling array of scientific lectures and activities, the Bluedot Festival successfully achieved its mission to inspire and entertain.

The iconic Lovell telescope is 76.2 metres in diameter and sits within 14 hectares of spectacular gardens filled with different species of plants and over 3,000 trees. Despite reaching its 60th year in July, the telescope is still in use.

The Lovell itself is steeped in history, from tracking Soviet probes aimed at the Moon in the late 1950s to holding a pivotal role in the discovery of quasars and finding evidence to support Einstein's general theory of relativity.

Thousands of music and science lovers gathered to celebrate over the weekend, listening to lectures on astronomy, neuroscience, animals and climate change. While the main stage hosted performances from Goldfrapp, Orbital, the Pixies (and many more), NASA scientists and university lecturers were talking about their research into

finding life on other planets or tackling infectious diseases by editing genetic codes. Tents across the site brimmed with activities for all age groups, including Jedi training workshops and virtual reality gaming. We are already looking forward to next year's inspiring event!

"Look again at that dot. That's here. That's home. That's us." Carl Sagan (1934-1996)

WWW.HOWITWORKSDAILY.COM 006 How It Works

# On you, inside you: the amazing and horrible world of parasites

Dr Sheena Cruickshank, senior lecturer at the University of Manchester, delivered an engaging lecture on the gruesome world of parasites. Dr Cruickshank explained how parasites have lived 2,000-year-old Lindow Man was suffering from intestinal parasites. She also discussed the use of tapeworms as a treatment for Crohn's disease and talked about the increase of allergies where we see a decrease in parasitic infections. Dr Cruickshank also detailed the life cycle of the creepy, braincontrolling T gondii parasite. However, the most harrowing story was that of the victims of the jewel wasp, which turns cockroaches into zombies by stinging the bundle of nerves responsible for the cockroach wanting to escape. This creates a compliant victim who has the physical ability to escape but has lost the reflex to do so. Instead, the wasp is allowed to lay her egg on the cockroach, which later hatches and gnaws its way into the host's abdomen, devouring it from the inside.

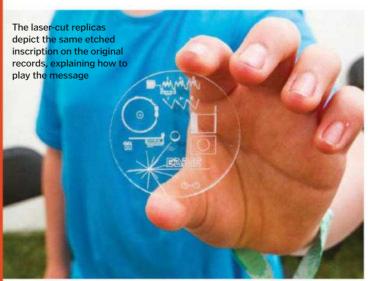




### Personalising a Voyager Golden Record replica

The Making Rooms were busy during the festival engraving names on replica records of the Voyager Golden Records in a workshop space. The laser-cut replicas are based on the original metal discs that were launched into space with a communication of their origin and time etched into them. The original Voyager Golden Records were sent into space in the hopes that another civilisation may discover them in the distant future.

We spoke with the team at The Making Rooms stand, who explained the markings etched onto the replicas of the ones launched into space. The symbols on the surface include instructional binary code, which details the proper speed to turn the record. The records carry 115 images and a variety of natural Earth sounds, as well as greetings in 55 languages.



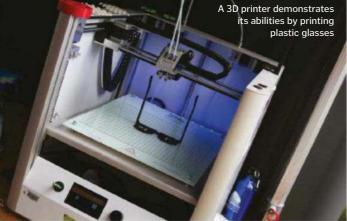








The festivities were carried out under the iconic Lovell telescope



Hands-on activities let us get up close to meteorites under the microscope









# INTERVIEW

# Josiah Zayner

We speak to Josiah Zayner about leaving the world of traditional science to make the field of synthetic biology accessible to the public

osiah Zayner is a global leading pioneer for the biohacking movement. He is most well known for his work to crowdfund the gene-editing tool CRISPR to provide this innovative biotechnology to the general public. After completion of his PhD in Biophysics from the University of Chi

Biophysics from the University of Chicago, he spent two years as a researcher at NASA before starting his company The ODIN. The business runs out of his garage, selling kits that allow individuals to experiment from their homes.

### Where did your interest in DIY biology and biohacking come from?

I grew up in the 1990s computer hacker scene. It was a really interesting time because the internet and computers were only just starting to get popular from a personal perspective. Do you remember the first time you used the internet? I remember really vividly. My friend across the street got a computer and his dad had AOL and we logged on. I really got into computers and I started hanging out with what people call computer hackers - people back then were just really interested in computer stuff. We chatted online and taught ourselves how to program and about all the technology. We were just teenagers but we could program better than most adults. When the dotcom bubble burst happened, I turned my focus to biology.

### What influenced your decision to step out of the traditional laboratory and start your own up?

Through graduate school and working at NASA, what I really noticed is that there is no access to information and knowledge. It's crazy, but at NASA somebody would publish a scientific paper about how we used a Martian rover to analyse a particular sample, and would publish it in a fancy science journal, but we couldn't even access it because the government couldn't afford the subscription prices for these journals. And I thought 'How is that science? There has to be a better way to do this.'

### What were you doing at NASA?

At NASA I did synthetic biology. We engineered bacteria and yeast to make it easier to live on Mars for long-term space travel. I remember one time when my supervisor said to me, "Hey, can you not work in the laboratory so much?" And I just

couldn't believe it. This is science, in 2015, where people argue about whether or not someone should work in a lab instead of thinking how can we get *more* people working in the lab. We are supposed to challenge conventions based on data and rigorous testing, but how can we do that without performing the experiments thoroughly in a lab?

### What does The ODIN do?

We are a consumer genetic engineering company. We are trying to give the consumer someone who isn't a professional - access to supplies that normally they wouldn't be able to get without paying ridiculous prices. There are so many difficulties to overcome just to do a little science in your home. You can't buy supplies from anyone; you can't access scientific literature; most people you email - scientific professors - won't respond. It's a constant battle for people who are trying to do science. The ODIN tries to make that easier. We try to be responsive and help people out with their projects; we write protocols and guides to simplify things, so people don't have to understand these super-complex papers.



Zayner operates his company from his homemade laboratory based in his garage

### Why did you choose to provide CRISPR to the general public?

The first reason was because whenever we hear about these new technologies, you hear people say, "It's only two years away". None of us ever really get to experience it because two years away means it's more like 20 years away. I thought, 'What do I know?' I know synthetic biology and genetic engineering, so if I could understand how CRISPR works and make it accessible to people, then people could actually experiment and play with this technology that we thought was years away. I thought that was a really cool idea.

### What is The ODIN working on right now?

One big thing we are making a push towards is people working with yeast – so something people can actually create something with. One of the big problems that we've seen is that with genetic engineering and synthetic biology, people do an experiment and then that's it. We want to use this technology as part of people's lives to interest them in science. We plan to release lots of experiments and equipment along those lines, allowing people to change the colour of yeast – you can even use florescent colours – as well as changing the aroma and the flavour.

### You are also involved with the Open Insulin Project. What is the idea behind this?

Diabetics can live normal, healthy lives if everything is functional, but their life depends on whether or not a company can provide them



The ODIN's products include kits to genetically engineer yeast to brew fluorescent beer



Zayner's CRISPR kits can be bought for £120 (\$159) and include all sequence and cloning detail to perform custom genome engineering at home

with insulin. As you can imagine, in areas where people don't have easy access to these medications, people can suffer serious sideeffects, or even die because of it. The way they make insulin now involves genetic engineering they take the gene for human insulin, they put it into bacteria and grow it up, and then extract the insulin protein from the bacteria. The process in theory is really simple, because getting hold of bacteria and putting the insulin gene in the bacteria is not complicated. If more people knew how to purify the insulin from the bacteria, easily, and make it open-source, it could create a medicine that is extremely accessible for people.

### How far along is that project at the moment?

It's really far! Right now we have actually been able to make the insulin protein, detect that we have made it, and even purify it a bit. There is one final step – for the insulin protein to be functional, it actually has to be separated into two parts. This is the last step that people are trying to figure out in order to create the first prototype.

# Where do you see the future for this involvement of the general public in real scientific experimentation and advancement?

I think right now everything is in this phase of growing. There are a lot of people buying our kit just to see what it's about and to try it out. I think these people, who are doing experiments at home, they aren't inhibited by what a scientist says is possible or not possible or what you can't or can't do. That's the way science should be, right?

### What advice would give to people wanting to get into DIY biology?

I have a tattoo that says "Create something beautiful", and that is the advice I would give someone. Create something beautiful, whether it is within science or art or whatever, all of the disciplines are really intertwined. But if you can do something and want to do something, create something beautiful, whatever that is to you.





Recent decades have seen science move into a convention where engagement in the subject can only be done through institutions such as a university. Citizen science provides an opportunity for greater public engagement and the democratisation of science.

In the information era, large data sets, small teams and financial restrictions have slowed

Anyone can be a citizen scientist, regardless of age, nationality or academic experience. You don't even need any formal training, just an inquisitive mind and the enthusiasm to join one of the thousands of citizen science projects to generate new knowledge and the means to understand a genuine scientific outcome.

Scientists have employed a variety of ways to engage the general public in their research, such

as making data analysis into an online game or sample collection into a smartphone application. They've implored citizen scientists to help with bug counting and categorising cancer cells, and even identifying distant galaxies.

This form of accessible science means that great minds are able to join the race to create and develop projects with the potential to change the

world. A citizen science-based approach can extend the field of vision and include more ideas and different brains to problem-solve and create, making innovation faster and more effective.

The rise of citizen science has grown alongside the rise of do-it-yourself biology laboratories. These groups of people around the world are part of a rapidly expanding biotechnological social movement of citizen scientists and professional scientists seeking to take discovery out of institutions and put it into the hands of anyone with the enthusiasm.

There are around 40 official do-it-yourself biology centres across the globe in locations including Paris, London, Sydney, and Tel Aviv. They pool resources, collaborate, think outside the box, and find solutions and ways around obstacles to explore science for the sake of science without the traditional boundaries of working inside a formal setting. So is it time to take the Petri dish out of the laboratory and into the garage?

# **Citizen scientists** on social media

Follow some of the people involved in incredible science projects

### Josiah Zayner

@4LOVofScience

Zayner pioneered the crowdfunding for DIY CRISPR kits to provide wider access to gene technology. He explores scientific questions creatively and carries out his own experiments in his garage. Check out our interview with Zayner on page 12!

### **Lucy Robinson**

@littlelocket

Citizen science programme manager at the National History Museum, Lucy Robinson arranges a wide range of projects, from collecting samples of bacteria for DNA analysis to recording observations about bluebells

### **Maria Chavez**

abioCURIOUSlab

Maria is a biohacker and the executive director of Biocurious, a community biology laboratory in California. Her work includes an Open Source project to create cheese from genetically engineered yeast. She is also involved in the Open Source Insulin Project.

### **Shawna Pandya**

@shawnapandya

Shawna is a Canadian neurosurgeon and taekwondo athlete who has been selected as one of two candidates to fly in the Citizen Science Astronaut programme.

### **Alice Sheppard**

@PenguinGalaxy

Alice is an enthusiastic citizen scientist and science communicator in the field of astronomy. She also co-founded the Cardiff and Hackney 'Skeptics in the Pub' group.

# **DIY biology**

Get hands-on with science experiments at your local laboratory

### London Biohackspace

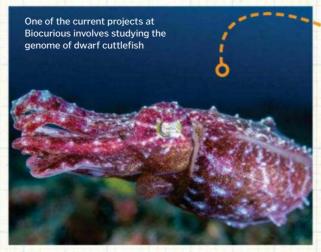
biohackspace.org

London Biohackspace is a non-profit, community-run molecular and microbiology laboratory situated within the London Hackspace. They encourage amateurs and professionals from any background to explore the field of science.

Co-founder Samantha Thompson gave us a tour of the space she has built. The lab contains shelves of chemicals, plus experimental, sterilisation and safety equipment, including a setup for detecting and measuring DNA. We also met with an exchange student from India who, frustrated with the time taken to diagnose bacterial infection, has built a prototype of a microwave-sized machine to speed up the process.

The Hackney based laboratory welcomes new members throughout the year





### The power of the crowd

In addition to utilising the power of crowds as the source of a work force, scientists who have been held back by funding problems have turned to crowdfunding. This has allowed amazing ideas that would have been stopped due to financia barriers to continue with the support of money from the general public. Websites such as **experiment.com** and **crowd.science** can be used by scientists to upload information about their project, including photos and videos, and a break down of costs to complete their research. They are then supported by individuals in the public who wish to help them see their research through to completion.

### **Biocurious**

biocurious.org

Biocurious is the world's first
Hackerspace for biology, built in the
heart of Silicon Valley, and they are
pioneering the field of DIY
biology. The entirely volunteer-led
laboratory provides a hub for
everyone with an interest in
scientific innovation, from those
with no scientific background to
professional scientists and artists.

Their laboratory is kitted out with molecular genetics machines, an autoclave, pipettes, florescent microscopes, protein purification systems and glassware. Their previous projects have included building their own inverted optical fluorescing microscope. Currently, their projects include designing glow-in-the-dark plants, developing a real vegan cheese by engineering yeast to produce milk, and a cuttlefish RNA sequencing genome project.

© London Biohackspace; Thinkstock; Alamy



Humanitarian & human activity



Nature & environment (





**Biology & medicine** 

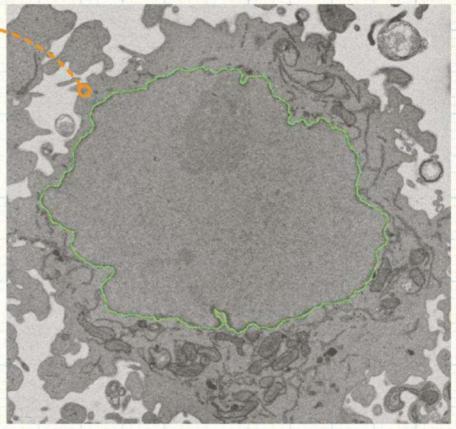
### **Etch a Cell**

daily.zooniverse.org/category/projects/ etch-a-cell/

This exciting biomedical project from a research group at Francis Crick Institute in London uses electron microscope photographs to look at hugely magnified cells. Citizen scientists are provided images of slices of cells to draw around the nuclear envelope (the membrane that surrounds the cell nucleus). This data is then used to create a 3D profile of the nucleus to provide a better image for understanding the role of nucleus shape in relation to disease.

Scientists believe that changes in the shape of the envelope could be involved in causing common diseases, as it has such a vital role in the functioning of the cell – it holds the entirety of the genetic information controlling the activities of the cell. The data from this study is used in collaboration with other groups to further the understanding of diseases such as cancer, HIV and diabetes.

"Data from this study will help us better understand diseases like cancer, HIV and diabetes"



Citizen scientists outline the nuclear envelope (green) of cell slices in scanning electron microscope images such as the one above





### The Big Bumble Bee Discovery

In 2014, over 27,000 bumblebees were counted in a project involving more than 30,000 people. The national citizen science project The Big Bumblebee Discovery was led by Dr Helen Roy, Dr Michael Pocock and the Centre for Ecology and Hydrology.

The ecologists focused on the diversity and abundance of bumblebees in relation to their surroundings. The citizen scientists involved in

the research, including more than 400 schools, were asked to monitor a lavender plant for bumblebee sightings and upload the results to EDF Energy's 'The Pod'. The data is being used to explore the links between environmental changes and the affects on insect populations. The results have surprisingly found that bumblebee sightings are more common in urban areas. There were also higher numbers of bees recorded when it was sunny and breezy.

# Quake-Catcher Network

The QCN provides software to turn existing laptops and desktops into the world's largest strong-motion seismic network by using your computer's in-built micro-electromechanical systems to detect vibrations.

### **The Plankton Portal**

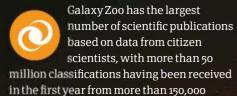
planktonportal.org



Mark images of plankton from an underwater imaging camera to provide scientists with data about the health of the oceans.



### Galaxy Zoo galaxyzoo.org



citizen scientists. The volunteers involved in

classifying the images are asked a series of questions about the number of spiral arms, the size of the galaxy, and how to identify if the galaxy is an elliptical, merger or spiral.

The source of the images includes the United Kingdom Infrared Telescope (UKIRT) and Hubble. Tens of projects are currently

actively using the data from Galaxy Zoo. These include a study to measure dark energy and a project that is building a sophisticated simulation of the beginning of the universe. Galaxy Zoo has seen several projects to completion but is ongoing with big plans for the future.

> Galaxy Zoo is the world's best-known online citizen science project

Get involved! Data you gather can help scientists protect the environment



### Wildlife spotter

wildlifespotter.net.au



### **Weddell Seal Count**

photographed every ten minutes using an automated camera in

www.zooniverse.org/ projects/slg0808/ weddell-seal-count



### **Snow spotter**

www.zooniverse.org/ projects/mozerm/ snow-spotter



### Chimp & See

Identify species and mark the behaviour of

www.chimpandsee.org



### Zen of Dragons

www.zooniverse.org/ projects/willkuhn/ zen-of-dragons





018 | How It Works WWW.HOWITWORKSDAILY.COM



After Typhoon Haiyan struck the Philippines in 2013, over 1,500 volunteers were rallied together from behind their computers to make over 4.2 million edits to the online open global map OpenStreetMap. The citizen scientists involved in this disaster relief profile marked buildings that had been damaged or destroyed in order to create a map of the worst affected areas of the islands.

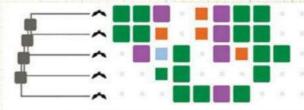
The volunteer group have since built on their remote damage assessment technique and have assessed the impact from Hurricane Matthew in Haiti. They have also gone on to develop long-term projects, including the malaria elimination campaign. The project works with Clinton Health Access Initiatives malaria programme to map the most populated areas in southern Africa, Southeast Asia and central America.

### **Phylo DNA Puzzles**

DNA sequences are written as long strings of genetic code, which at first glance seem like nothing other than a jumble of letters. So when scientists need to compare DNA from different species they use computer algorithms to recognise areas where the DNA sequences match. Jérôme Waldispühl explained why this process is important to How it Works:

"If it is found across multiple species, it means it is preserved by evolution. If that's the case, it is likely because this pattern is used to encode a function in our genome."

Waldispühl and his team built Phylo DNA puzzles into a tile-matching game that can be more accurate than the current computer programs. Participants move the bricks horizontally to create columns with the same colour to identify conserved regions of sequences across species.



This game has been designed so citizen scientists can help those who are working in genetics

### The Plastic Tide

theplastictide.com

This project entails tagging plastic litter on drone photographs of beaches to teach software how to identify it automatically. The project helps to understand the amount of plastic and build a program to automatically detect the litter.



Get involved! Take part in some out-of-this-world research projects



### Globe At Night

www.globeatnight.org



### SETI@home

setiathome.berkeley.edu



### Mars Mapper

cosmoquest.org/x/ science/mars



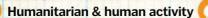
### **Planet Hunters**

planethunters.org



### GLOBE Observer

observer.globe.gov





Nature & environment (





**Biology & medicine** 

### **Bash the Bug**



Bash the Bug launched in April 2017 and seeks to change the way tuberculosis is diagnosed and subsequently treated.

In an age where the prevalence of antibiotic resistance is a rising concern, understanding which ones are effective against particular

infections is vital for effective patient treatment. Citizen scientists are provided images of Petri dishes that have two plates with no antibiotics and six dishes that have been treated with varying doses of an antibiotic. Volunteers involved in the project identify which dose plates are showing tuberculosis growth.

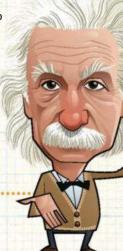
### **Global Xplorer**

globalxplorer.org



This online platform allows individuals to analyse the huge wealth of satellite

imagery available to archeologists. The project was launched by Dr Sarah Parcak, whose techniques have helped locate 17 potential pyramids, 3,100 potential forgotten settlements and 1,000 potential lost tombs in Egypt.



### **Operation War Diary**

operationwardiary.org



This transcribing project seeks to provide information about the experience of named individuals in the Imperial War Museum's Lives of

the First World War project. You can help provide academics with a large amount of data to help them gain a better understanding of how the war was fought.





### **Britain Breathing**

britainbreathing.org



This project is a collaboration between the British Society for Immunology, the Royal Society of Biology and the University of Manchester. The team behind this citizen science project

developed a free app to allow anyone to record their allergy symptoms in just a few clicks to gather data nationwide. The team intends to investigate what factors affect seasonal allergies and examine why they are on the rise.

We spoke with Dr Sheena Cruickshank to find out more. "Allergies are increasing in the UK and in other countries and we don't really know why. Genetics play a bit of a role, but the biggest role seems to be that of the environment." Dr Lamiece Hassan, the public involvement and governance research officer, points out that approximately one in four people suffer from seasonal allergies.



020 How It Works WWW HOWITWORKSDAILY COM



# **How hands work**

### **Hand anatomy**

Discover the bones, muscles, tendons and nerves inside the human hand

### Our hands are complex feats of biological engineering

he palm of the hand is made up of five bones called metacarpals. In between are the interossei muscles, and on each side of the palm are bulging muscle groups called the hypothenar (near the little finger) and the thenar (near the thumb). These work to cup the hand and to move the thumb in and out so that it can grip. The bones belonging to the fore and middle fingers don't move much, but the ones connected to the little and ring fingers and the thumb are much more mobile.

The fingers themselves are made up of bones called phalanges - three for each finger and two for the thumb. They are connected to muscles in the forearm by tendons that run through the wrist. The flexor tendons run up on the underside through a space called the carpal tunnel - they bend the fingers. The extensor tendons come across the top of the wrist - they pull the fingers straight.

All of this movement is controlled by three nerves: the median, radial and ulnar. The median nerve supplies the thumb, the index and middle fingers, half of the ring finger and the palm of the hand. The ulnar feeds the other half of the ring finger and the little finger, and the radial looks after the thumb and the back of the hand.

### **Bones**

Each finger has three phalanges and a metacarpal, which sits inside the palm of the hand.

### **Blood vessels**

The arteries of the hand form loops in the palm with branches that run off to feed each finger.

### Thenar muscle group

A bundle of muscles coordinate the movements of the thumb across the palm, enabling it to touch the fingers.

Only a few other animals have opposable thumbs like ours

### muscle group A bundle of muscles

next to the little finger moves the palm to cup the hand.

Hypothenar

### **Tendons**

Most of the control of the fingers is done by muscles in the arm that are connected to the bones by tendons.

### Nerves

The hand is supplied by three nerves: the ulnar. the median and the radial.

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# What's in a drip?

We take a closer look at intravenous (IV) fluid therapy

ntravenous literally means 'in vein', and it's the most direct way to get something into the body. IV therapy is used to replace lost fluids, rebalance salts and deliver medications.

The most commonly used fluid in an IV drip is a saline solution: a sterile mix of salt and water designed to replicate the saltiness of normal body fluids. It's normally delivered slowly, straight into a vein in the back of the hand or the inside of the elbow. Additional molecules can be added to the liquid, including sugars or drugs,

A drip can be used to deliver fluids, salts and medical treatments

allowing a constant dose to be administered gradually over a long period of time.

rapidly for 'fluid resuscitation'. If a patient has lost a lot of fluid from their blood, through dehydration or bleeding for example, blood pressure can drop so low that blood can't get around the body. This is known as 'hypovolemia', which literally translates as 'under volume blood'. IV fluids can quickly top up the system, restoring normal blood pressure.



Thinkstoc

# HOW TO SPOT BAD SCIENCE

Call out those crazy claims with our quick guide to fake facts



### 1. RESIST CLICKBAIT



Outrageous headlines get clicks, but the articles underneath don't always back up the claims. It's hard to summarise science in five or ten words, so don't take the top line at face value.

### 2. DON'T JUMP TO CONCLUSIONS



Just because something worked in a lab doesn't mean it'll work in the real world. The science might be solid, but if the conclusion sounds too good to be true, it probably is.

### 3. SPOT INDUSTRY FUNDING



Look twice if a sugar study was funded by a drinks brand, or a smoking study by a tobacco company. It doesn't always mean bad science, but it's worth bearing in mind.

### 4. LOOK OUT FOR CORRELATION



Did you know that more people drown as ice cream sales go up? Just because two things happen at the same time doesn't mean that one causes the other.

### 5. BE WARY OF SPECULATION



If scientists say 'might', 'could' or 'may', it often means that they don't yet have all of the evidence. More work is often needed to expand brand new findings.

### 6. CHECK THE SAMPLE SIZE



Look carefully at the number of people tested in a study. If results are based on a sample of thousands of people, they're likely to be more reliable than results based on a sample of five.

### 7. WATCH OUT FOR BIAS



Study groups can't always represent the whole population. If a test has been done on one group of people, the results won't necessarily apply to another group.

### 8. CHECK FOR CONTROLS



It's impossible to know if something has changed if you've got nothing to compare it to. Good studies should have a control that scientists can refer to as their baseline.

### 9. LOOK FOR BLINDING



Blind experiments help to reduce conscious and unconscious bias. Where possible, the participants, and sometimes the scientists themselves, should not know which is the test group and which is the control.

### 10. FIND THE WHOLE STORY



Sometimes only part of the story is told, particularly when science news is picked up by the media. But one finding on its own isn't enough – science is about the big picture.

### 11. BEWARE ONE-OFFS



If there's only one study to back up an outlandish claim, be cautious. The strongest science has lots of evidence generated independently by different people.

### 12. FIND THE SOURCE



The best question to ask is where did this come from? Good science will have been checked thoroughly by other experts in the field and should be published in a peer-reviewed journal.



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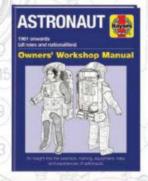
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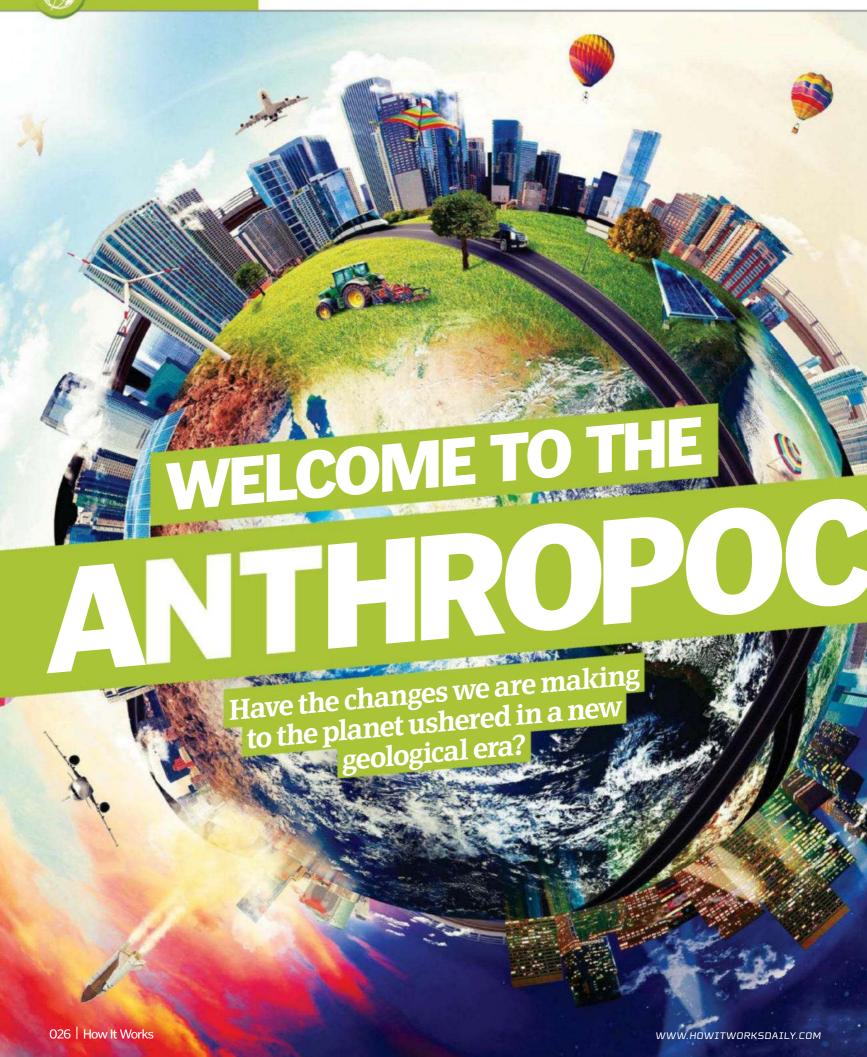






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he planet we call home has been around for 4.6 billion years, and a lot has changed in that time. Continents have drifted, climates have fluctuated, species have come and gone and, of course, humans have evolved. All of these milestones are well documented in changes in the fossils and chemical signals found in Earth's layers of rock, and this has enabled geologists to divide the planet's timeline into several distinct eras.

You are probably familiar with the Triassic, Jurassic and Cretaceous periods in which the dinosaurs lived, but today we live in what has been officially labelled the Holocene, a name that comes from the Ancient Greek for 'entirely recent'. This epoch began 11,700 years ago after the last major ice age and, for the most part, has featured a relatively stable climate. This has

enabled us to plan ahead and greatly improve our way of life by inventing agriculture, harnessing new forms of energy and building cities.

it seems to have stuck."

However, some scientists are now arguing that the enormous impact all of this human activity has had on the planet has led us into an entirely new geological epoch: the Anthropocene. This term, which roughly translated from Greek means 'the age of humans', was first coined in 2000 by Nobel Laureate chemist Paul Crutzen. Recalling the moment he first came up with the name, Crutzen said, "I was at a conference where someone said something about the Holocene. I suddenly thought this was wrong. The world has changed too much. No, we are in the Anthropocene. I just made up the word on the spur of the moment. Everyone was shocked. But

Indeed, the term has grown in popularity with scientists ever since, having appeared in nearly 200 peer-reviewed journals and even inspiring the name of a brand new academic journal: Anthropocene. Nevertheless, it is still not recognised as an official epoch. For that to happen, the International Union of Geological Sciences (IUGS), the professional organisation in charge of defining Earth's time scale, must declare it so. In 2016, the Working Group on the Anthropocene (WGA) voted to formally recognise the new epoch and presented its case to the International Geological Congress, but a final decision has not yet been reached.

In the past, such a decision has taken decades and even centuries to make, as to identify the boundary between distinct eras there must be enough evidence of a signal that occurs globally between layers of rock. For example, the end of the Cretaceous period was identified by a 'golden spike' of the metal iridium that was dispersed in sediments around the world by the asteroid that wiped out the dinosaurs.

Although it is hoped that the Anthropocene could be declared in the next few years, the main problem geologists face is working out exactly when it began. Some argue that it happened thousands of years ago with one of the biggest human led changes: the invention of agriculture.

However, the crops grown by our early ancestors did not have a great deal of impact on the Earth's rock, and the development of new farming practices was relatively gradual.

Therefore, another of the more popular arguments puts the date at around 1750 when the

Industrial
Revolution took
hold. At this time the
use of fossil fuels led
to a significant rise
in the amount of
carbon dioxide
present in the

carbon dioxide present in the sare now arguing that atmosphere, and mining for coal, oil and gas also

drastically altered the landscape.

"Some have suggested

the 1950s as the greatest

turning point in our

Alternatively, some have suggested the 1950s as the greatest turning point in our impact on the Earth. At the end of the Second World War, old economic institutions began to break down and the world became increasingly more connected. The human population began to grow at an incredible speed, an event scientists commonly refer to as the Great Acceleration, and the nuclear age began to dawn. Some believe that it will be the radioactive signatures deposited into the Earth from these first atom bomb tests that will

These images highlight the levels of deforestation in the Amazon Rainforest in just eight years

2000 50km 2008 help future geologists define the start of the Anthropocene, while others suggest it could be plastic pollution, the soot from power stations or the concrete used for infrastructure. Even the domestic chicken could become the crucial marker, as thanks to our desire for meat and eggs, it has now become the most common bird in the world.

While this more recent date is considered by many to have the most merit, some geologists argue that there is still not enough clear-cut evidence to define the end of the Holocene.

Nevertheless, whether there is a physical boundary to be found or not, there is no denying that humans have had a lasting impact on the environment. We may have only existed on Earth for less than 0.01 per cent of its history, but in that time we have irreversibly reshaped the planet far faster than natural geological processes would have done. In fact, more change has occurred in the past century than in the previous 250,000 years of human history, and we show no sign of slowing down.

Of course, not all of the changes we have made have been negative. The massive explosion of innovation and discovery in recent years means that most of us now experience a much better standard of living than our ancestors did.

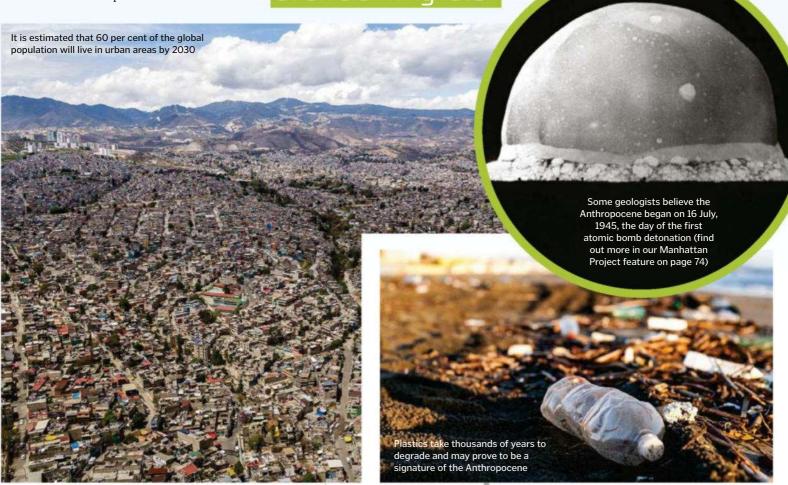
Manufacturing jobs have lifted millions of people out of poverty, freeing them from the cycles of starvation and famine that comes from relying on an income from agriculture. Modern technologies can also feed and clothe more people than ever before, as machinery and automation simultaneously speed up and reduce the costs of manufacturing techniques.

Advancements in medicine, such as the development of vaccines and genetic engineering for the development of drugs and gene therapies, have also significantly lowered the death rate, while economic development is helping to reduce the need for larger families and slow population growth. We also know more about our planet and the universe than ever before, enabling us to learn from its history, understand its present and plan for its future.

"The plants and animals we have no use for are becoming extinct at an alarming rate"

Nevertheless, our quest for better lives has not benefited everyone equally. While overall standards of living are improving, the wealth inequality gap is getting wider as more people in the developing world are forced into low-paying jobs that produce goods for developed countries. Using current modes of production, we can only support a population of two or three billion people who enjoy the same standard of living as those in the United States, yet the global population has risen from 1 billion to over 7 billion since the 1800s.

This is also compounding our impact on the environment. The space needed to accommodate and fuel the growing population has led us to alter more than 50 per cent of the Earth's land by clearing forests, building cities and damming rivers. There are now half as many trees as there were before human's existed, and all of this is resulting in a massive reduction in biodiversity across the globe. The plants and animals we have no use for are becoming extinct at an alarming rate, 100-to 1,000-times faster than if we had no input, and





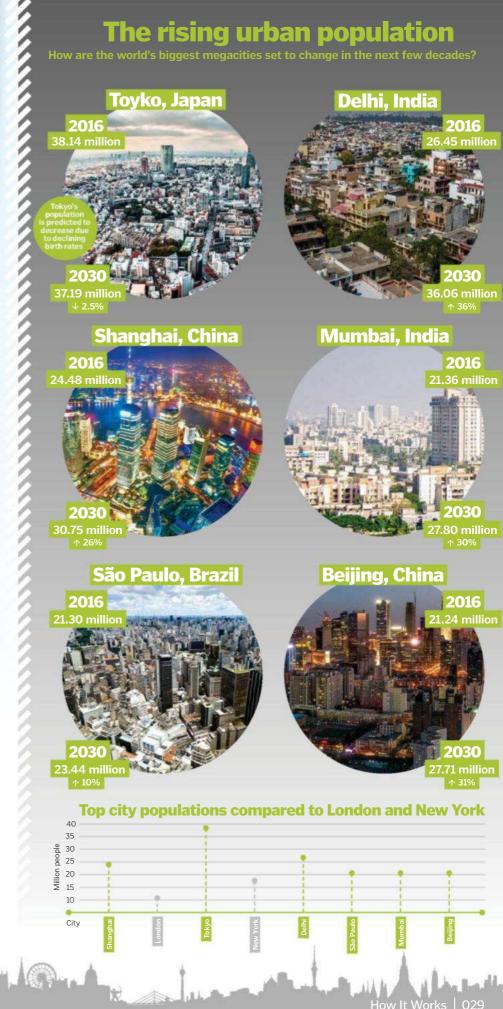
In 2015, delegates from nearly 200 countries signed the Paris Agreement, pledging to take more action to combat humanity's effects on climate change

this is set to increase further in the coming years. Many scientists argue that is the strongest argument for declaring a new geological era, as when future geologists study the fossil records of this time period, they will see a mass extinction event on par with the five most devastating extinction events in Earth's history, including that which wiped out the dinosaurs.

Another major environmental impact is that of climate change. Since 1750, there has been a sharp increase in the amount of greenhouse gas released into the atmosphere, including carbon dioxide from burning fossil fuels, nitrous oxide from the use of fertilisers and methane from livestock and landfill. This has caused a thinning of the ozone, a protective layer in the atmosphere that filters out harmful ultraviolet radiation from the Sun, which is changing the climate at a faster rate than has ever been recorded. The dramatic increase in surface temperature is accelerating the melting of the Greenland and West Antarctic ice caps, which is likely to cause a more than five-metre rise in global sea levels over the coming centuries. This will cause low-lying coastal areas to flood, diminishing the amount of land available for our growing numbers to farm and live on.

Coastal regions are also being negatively affected by the increase in the use of artificial nitrogen-based fertilisers necessary for industrialised agriculture. As farmers inevitably use more of these chemicals than they actually need, any excess finds its way into waterways and heads for the shores. There it feeds plankton blooms, which can suffocate fish and shellfish, causing vast dead zones where coastal life cannot survive.

By studying all of these changes, scientists have gathered overwhelming evidence that they are being caused by human activity. Most graphs tracking such things as greenhouse gas concentrations, extinction rates and deforestation show a sudden steep climb





### The human impact

What evidence might future geologists use to define the Anthropocene?

### Cities

Cities occupy less than two per cent of the Earth's land surface but currently house over half of the human population.

### **Atmosphere**

The concentration of greenhouse gasses in the atmosphere has increased at an alarming speed, causing the rate of temperature increase to almost double.

### still warming the planet today

Invasive species Global trade and travel have facilitated the spread of non-native species. The change in ecosystems will be evident in fossil records.

### Overfishing

The depletion of certain fish populations has harmed livelihoods and had a knock-on effect on other species.

"More change has occurred in the past century than in the previous 250,000 years of human history"

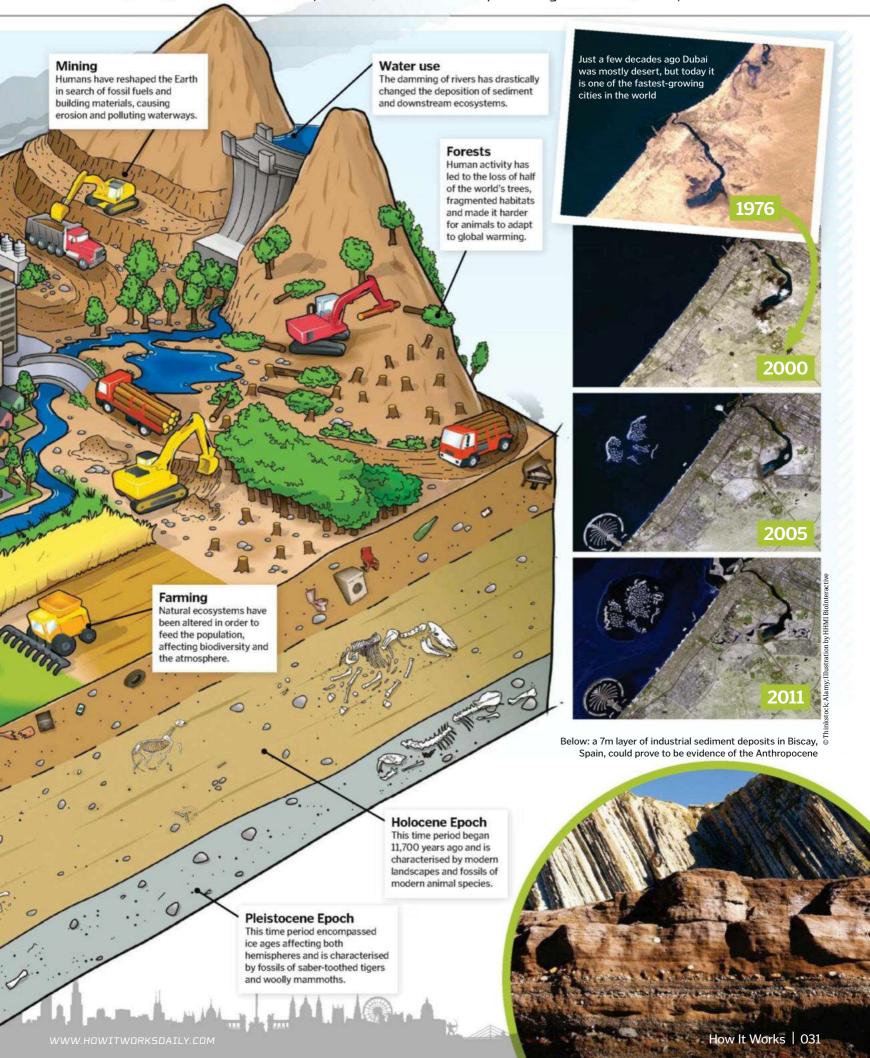
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### Coastal habitats

The nitrogen and phosphorous from agricultural runoff is feeding plankton blooms that suffocate coastal life.

### **Biodiversity**

900 species have gone extinct in the past 500 years, with the rate of extinction set to accelerate further.





following the year 1950 when the Great Acceleration began. However, as history has shown us, these kinds of changes are not unprecedented. The climate, biodiversity and geology of the Earth have all been drastically altered before, creating conditions far hotter and colder than the current global average. So what is it that makes the shift into the Anthropocene any different?

For the first time in the Earth's history, one species alone is causing all of these changes to the planet. And what's more, we know we are doing it. This is one reason why many geologists are so passionate about officially declaring the Anthropocene. Normally naming a new epoch is a matter of formality, but it is hoped that this time it could help to change people's view of the relationship between humans and the Earth.

By actively acknowledging that we are having such an enormous impact on the environment, we have the power to determine what its future will look like. At the moment, there are several possible scenarios that could play out, and it is up to us to decide which one to choose. Of course, we could simply carry on as we are, but that will only increase the likelihood of some pretty catastrophic events occurring. In the next century, the global population is set to grow to

"In the next century, the global population is set to grow to lead between 10 and 12 billion people"

between 10 and 12 billion people, where it will hopefully level off due to declining birth rates. We are already struggling to provide 7 billion people with a decent standard of living, and so at our current rate of consumption, supporting even more is going to be a major challenge. Overpopulation could spark global conflicts and lead to a rise in instability, all of which would be made worse by the effects of global warming.

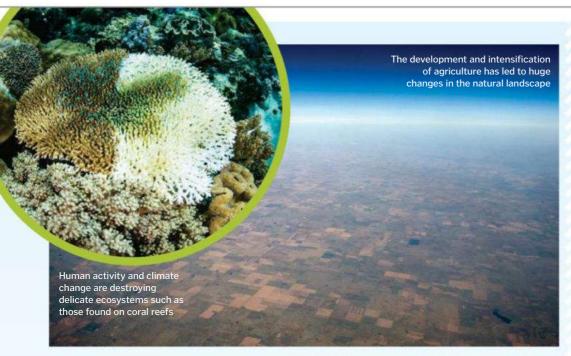
The climate is already changing at an alarming speed, but providing enough fuel for 10 to 12 billion people will only accelerate these changes even more if we continue to use coal, oil and gas. The global average temperature has already increased by one degree Celsius since the late 1800s, and just one degree more would produce some drastic results. Environmental disasters such as floods, droughts and

hurricanes would become more common, temperatures would soar to uninhabitable levels and rising sea levels would submerge more and more land underwater. Future geologists, if they still exist, would be able to study the relics of our cities in amazing detail as they would be buried in mud deposited by the rising waters. Plus, not only would we struggle to adapt to this warmer, wetter world, but most animal and plant species would also not be able to evolve fast enough to survive in their new habitats.

Another possible scenario would be to try to guide human society back to the simpler,

Chicken fossils could help define the Anthropocene as humans have made

them the most common bird



subsistence living of the 1800s. This would involve each family building their own home, making their own clothes and growing their own food. It would also mean harnessing all of our power from renewable sources such as the Sun and wind and giving up modern technologies including cars and the internet. Although this would certainly reduce our impact on the environment, it is likely to be both unrealistic and unpopular with the current population. For a start, there's seven times the number of people there were in the 1800s who would need to be supported by this lifestyle, and many have already grown attached to the luxuries of modern life.

Therefore, the most likely way we will reshape the future is by inventing new technologies and implementing new processes to solve the world's problems. The fact that we are becoming increasingly well-educated and interconnected can only help with this, and there are already signs that attitudes are beginning to change. Innovations in clean energy and the development of electric cars are helping to reduce our dependence on non-renewable fossil fuels, and in 2015, nearly 200 countries pledged to do their bit in helping to tackle climate change by adopting the Paris climate accord.

This agreement sets out to limit the increase in the global average temperature to well below two degrees Celsius above pre-industrial levels and provides incentives to cap the amount of greenhouse gas emitted by human activity. Meanwhile, the decline in biodiversity is being tackled by conservationists around the world who are working to restore depleted habitats and protect species on the brink of extinction.

Even though changes are already being made, there is still a lot of work to be done if we want to



The quagga, a subspecies of zebra, is one of the many animals humans have driven to extinction

reverse the damage we have caused to the planet and secure a more stable future. If we can't reduce the risks then there may be only one solution: leave this planet in search of another. Space agencies and private companies are already beginning to explore the possibility of establishing human colonies on Mars, with the first manned mission to the Red Planet currently scheduled for the 2030s.

However, while we are still a long way off being able to make other worlds habitable, it makes sense to do everything we can to save the one we know can support us. Even though the gasses we have already pumped into the atmosphere will last for tens of thousands of years, it's not too late to intervene. Using our collective intelligence we can work together to come up with viable solutions for halting greenhouse gas emissions, removing existing gasses from the skies and reversing the damage caused to crucial habitats. If we are indeed living in the Anthropocene, then it's up to us to make it the era that humans change the planet for the better, rather than making it worse.

# The human effect in numbers new minerals have been formed solely or primarily due to human activity Earth's population is predicted to reach Some studies suggest human activity is causing species to go extinct The global population only surpassed More than half the concrete ever used was produced in the past Agricultural space takes up approximately

scientific articles about the Anthopocene were published in 2016 alone

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# **Pangolins**

### Find out why these scaly creatures continue to fascinate multiple cultures

icture a pinecone with waddling legs, or imagine a moving artichoke, and you have the general appearance of a pangolin. These creatures are the only mammals in the world covered in scales. Though they seem similar to anteaters or armadillos, they are in fact more closely related to true carnivores such as cats, and they belong to their own order. Four pangolin species live in Asia, and another four inhabit Africa. You can bristles between their scales.

The scales themselves are made of keratin, the same substance found in our fingernails. This from the Malay word *pengguling*, meaning what they will do when in danger. Pangolins can roll themselves up into an almost impenetrable young babies right up inside with them. The edges of the scales are very sharp. Pangolins can

use them to slice off a finger or a predator's nose - anything that tries to go poking around in between them.

These animals are found in sandy areas of tropical and flooded forests, as well as savannas. Some pangolins live only on the ground, while others also spend time up in the trees. All are equipped to dig; using their stout front legs and kicking loose soil out vigorously behind them. During the day they mostly shelter from the own burrows, pangolins prefer to occupy

At night these solitary creatures go in search of insects. They have poor vision and hearing but excavate entire ant colonies. If they don't



Big cats become confounded when a

### Wrap-around tail

Some pangolin species use their prehensile tails to help them climb trees and hang from branches.

### **Protecting pangolins**

illegal poaching for human consumption and the use of their body parts in traditional medicines.

Each year, tens of thousands of pangolins are killed their scales in folk remedies. They are the most poached and trafficked mammals in the world.

In China and Vietnam, the flesh of pangolins is

considered a delicacy, and the scales of pangolins have been used in Chinese medicines for hundreds

target African species to make up the difference, putting all of the species at significant risk.

There are many groups working to protect pangolins, including authorities and researchers. for a pangolin has soared to over \$200 (around £150) per kilogram, and an estimated 41,000-60,000 wild pangolins were taken in 2011 alone An international trade ban on pangolins was



# Pangolin anatomy

What features set these armoured animals apart?

### Protective protein

Scales cover the pangolin's body from head to tail tip. They're made from the same protein as bears' claws.

### **Pest control**

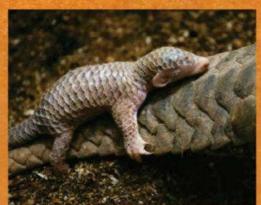
Pangolins belong to a particular subset of animals that focus on eating insects. This type of creature, called an insectivore, is an important part of its ecosystem. A single pangolin can consume more than 70 million insects a year, mostly ants and termites, though they do supplement that diet on occasion with crickets, flies, worms and bee larvae.

Unlike most mammals, a pangolin cannot chew its food. Instead it swallows insects whole. To do this, a pangolin uses its very long tongue to probe inside trees and ground nests. The tongue is coated with a saliva that sticks to prey. The pangolin pulls its tongue back in, and special mouth muscles prevent insects from

A pangolin's tongue is covered with sticky mucus that comes from a large gland in its chest

### Sticky tongue

An adhesive tongue longer than their body is what pangolins use to lap up their insect prey.



Baby pangolins often get around by hitching a ride on their mother's long tail

### **Grinding stones**

Pangolins don't have teeth. To help digest food, they swallow pebbles – much like a chicken with its gizzard.

### **Curved claws**

Large, tough claws enable pangolins to unearth ant and termite nests, or hollow out a burrow.

### Face muscles

Strong muscles allow pangolins to voluntarily close their nostrils and ears when feeding. This protects against insect counterattacks.

"Pangolin comes from the Malay word pengguling, meaning 'something that rolls up"

# The tallest tsunami wave

Lituya Bay is an 11-kilometre-long T-shaped inlet on Alaska's southeast coast

How an earthquake triggered a tsunami of epic proportions

n the evening of 9 July 1958, fisherman anchored on Alaska's Lituya Bay felt their boats begin to shake violently as a powerful earthquake rumbled through the nearby mountains. Although their vessels survived the initial tremors, the worst was yet to come as they heard an enormous crash coming from the head of the bay.

Several million tons of rock had broken free from the mountains and slid down into the water at high speed. The impact was so forceful that a large air cavity was formed behind the debris, causing it to displace far more water than the volume of the landslide. The resulting megatsunami swept up the helpless boats, carrying them over the land and high above the trees,

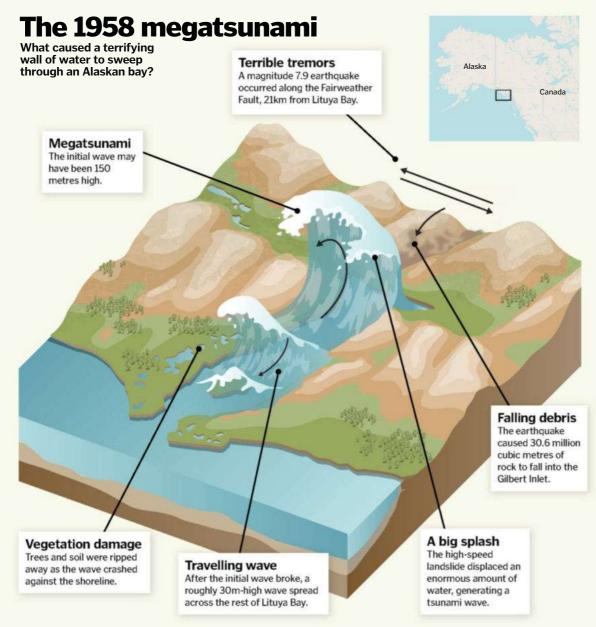
before washing them back into the bay or **out to sea**. As the wave crashed through the bay at speeds of around 160 kilometres per hour, the displaced water reached heights of 500 metres above the shoreline, stripping the bark from thousands of trees . Miraculously, several of the fishermen survived to tell their harrowing story.

The event itself wasn't unprecedented. Geologists had been studying the area for some time prior to the 1958 tsunami and discovered evidence of at least four similar waves dating back to 1854. The main clue was the band of younger trees situated below mature forests on the bay's shoreline, which suggested lower vegetation had previously been wiped out. This poses the question of when the next one will occur.

# Earthquakes Volcano Land slide Subduction

What causes

tsunamis?



Meteor impact

### **Volcano bird nests**

### How the birds of the Megapode family use volcanic heat to incubate their young

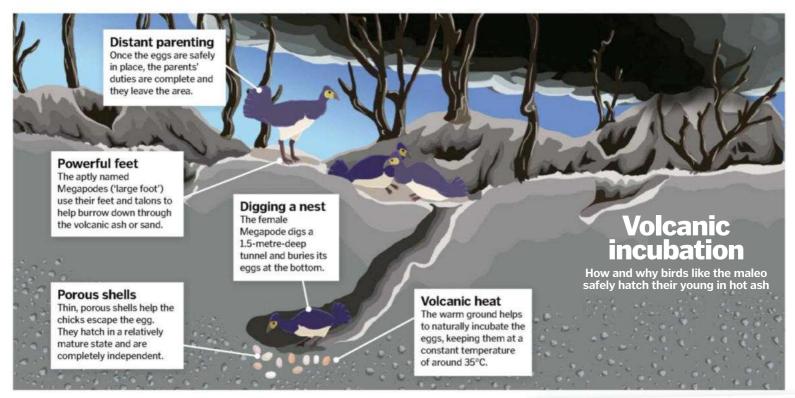
t's easy to think of volcanoes as destructive forces of nature, but their activity can actually help to foster new life. Megapodes are a family of birds found around Australia and the Polynesian islands, and are unusual in that they do not incubate their eggs with their body heat.

Members of some species, such as the maleo in Indonesia, incubate their eggs in hot volcanic ash rather than building a typical nest. Using their large, strong feet, they dig holes in the ash and bury their eggs in the warm ground. This requires less energy than building and maintaining a nest and reduces the risk of parents being attacked as they sit on their eggs. Once the eggs are buried the parents will leave.

Megapodes are precocial, meaning they hatch in a relatively advanced state. As a result the newly hatched chicks are able to dig their way up to the surface and can fend for themselves remarkably quickly.



Unlike most other bird species, maleo hatchlings already have their feathers and can fly in a matter of hours



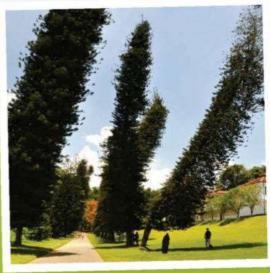
### **Leaning pines**

#### Why do Cook pine trees always tilt towards to the equator?

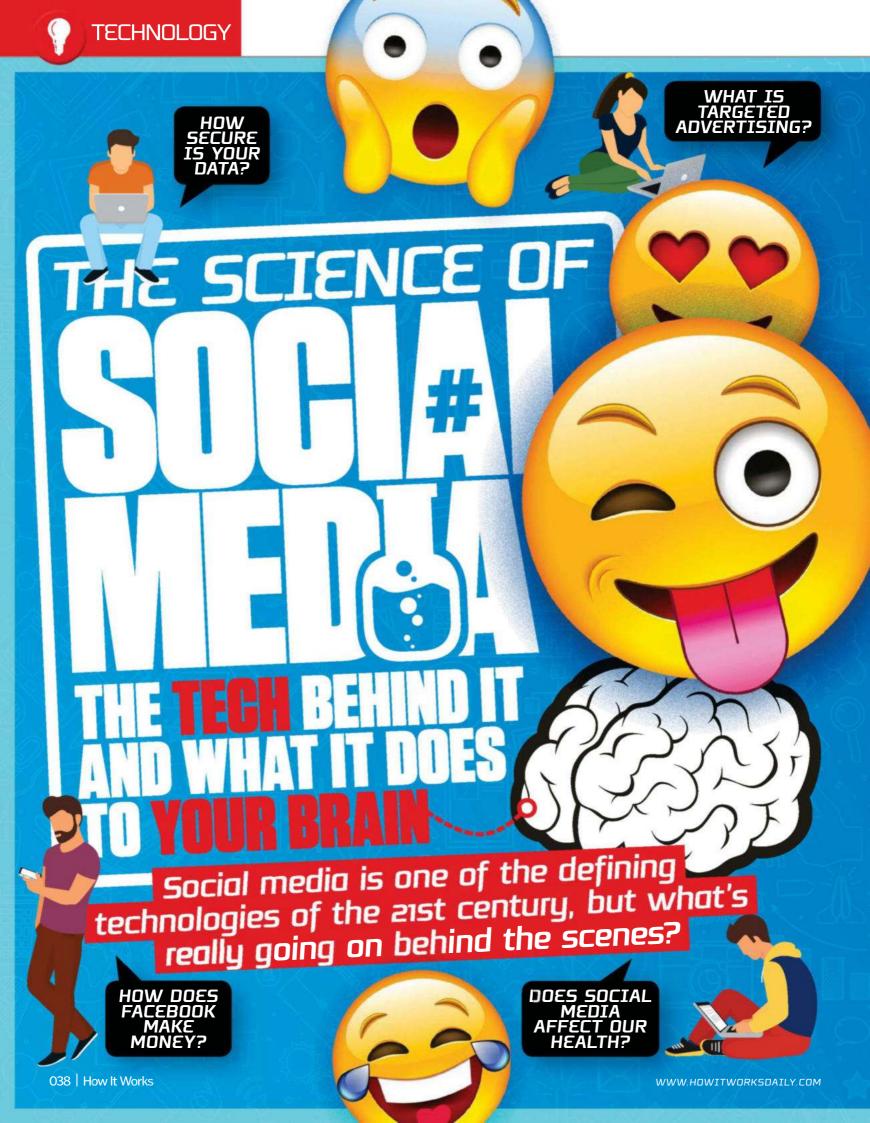
f you ever get lost in a forest, look out for a Cook pine and you will quickly be able to tell which way is north or south. Native to the Pacific archipelago of New Caledonia, these tall evergreen trees have spread across tropical, subtropical and temperate regions around the world and can often be identified by their precarious tilt. What's even more interesting is that in a recent study of 256 Cook pines from five different continents, researchers found that those in the northern hemisphere lean southwards and those in the southern

hemisphere lean towards the north. On average they tilt by 8.55 degrees, but the further away from the equator they grow, the greater the slant.

The reason they lean is likely phototropism, the behaviour found in most plants that causes them to lean towards the Sun. Most trees counteract this tilt with gravitropism – their sensitivity to the Earth's gravitational pull – but Cook pines seem to lack this ability. This could be due to their geographically restricted origins, which means they have to work harder to catch the angled sunlight at higher latitudes.



Cook pines were first classified during Captain James





### Does social media make us more friends?

n average, people have five social media accounts and spend an hour and a half checking them every day. It's billed as a way to make and strengthen connections with people, but, for all the social benefits, there is an argument that all of the time we spend online is taking away from the relationships that we make in the real world.

According to evolutionary anthropologist Robin Dunbar, we can only maintain up to 150 friendships at a time. This is known as the Dunbar Number, and it's based on the social

groups that we evolved to live in; it's the size of most villages recorded in the Domesday Book, for example. Beyond that number, we can't maintain meaningful relationships because we don't have enough brain processing power or enough time to work on maintaining the connections.

Dunbar looked into social media friends in 2016 and found that, even though it feels like we have lots of friends online, these sites don't actually help us to be more connected. People had around the same number of close friendships online and offline.

# How does Facebook

people were signing into its site every day: that's one-seventh of the entire global population. The site is free, but all of those eyes scanning their newsfeeds are a captive audience for targeted advertising, and that's where Facebook makes its money; it shows us products and we click through and buy them.

On average, each user makes Facebook around \$3.50 (£2.70) every three months; in Europe it's \$4.50 (£3.50), and in the US and Canada that figure rises to over \$13 (£10). We give Facebook tons of personal data that can be used to predict what we might want to buy. Companies are willing to pay for this highly valuable information.

Other social sites also make money this way. Instagram and Snapchat utilise their photoheavy formats to showcase brands, and Twitter offers promoted tweets and accounts, allowing companies to pay to get their content seen.

## "On average, each user makes \$3.50 for Facebook every three months"

### **How do Snapchat** filters work?

Selfie filters are based on the Viola Jones algorithm, which finds faces by scanning images for areas of light and dark, but Snapchat's Active Shape Model can see in even more detail.

The developers created a map of the average locations of key facial landmarks – like the edges of the eyes and lips - by manually marking their positions on dozens of photographs of real people. The points were then joined up to create a 3D model of a head.

In the Snapchat app, the average map is laid over your face and compared to your pixel data so that the points can be tweaked to fit your exact features. With your custom model completed, your face can then be textured and deformed.

#### Landmarks An average map of the facial landmarks is tweaked to fit over your face.

#### Overlay The mesh allows images to be laid over your face, conforming to the exact shape of your features



Rotation The completed mesh is 3D and rotates with your face as you move.

The landmarks on your face are joined together with triangles to create a mesh.

#### Distortion By moving the positions of the mesh triangles, your face can be distorted.



## How secure is the Cloud?



It's easy to imagine that our data is secured somewhere up in the air, far out of the reach of prying eyes, but 'the Cloud' is actually a euphemism for giant server farms that hold your documents and images on their physical hard drives. When you upload your data to the Cloud, it's saved to these computers ready for you to download again when you need it next.

The first part of Cloud security is down to the provider; they need to make sure that their infrastructure is secure both digitally and physically. To do this they encrypt critical data, employ security personnel to protect their servers, and develop digital security systems that deter, detect and counter any attempts to access private files.

The second, and more vulnerable part of security is down to you. If people want your data they'll go for it through the easiest route, and this isn't usually by taking on the tech giants; it's much simpler to gain access to your passwords. The easiest way to secure your data is to make your codes stronger, change them often and guard yourself against phishing scams. It never hurts to make a backup of your files, too.

## Does social media affect our health?



Social media might seem light-hearted, but it has a darker side. In 2016, Childline delivered 12,000 counselling sessions related to online issues and cyberbullying, and a study of over 1,700 young adults by the University of Pittsburgh found that the more time people spend on social media, the more likely they are to be depressed.

In a UK survey of nearly 1,500 teenagers and young adults, researchers found that imagefocused sites like Instagram and Snapchat performed the worst when it came to anxiety and mental wellbeing.

This doesn't necessarily mean that social media causes mental health problems – it could be that people spend more time on the sites when they are feeling down or anxious. On the other hand, social platforms can also be used to raise awareness of mental health and to help people find somebody they can talk to.



"People spend over an hour and a half on social media every day"

Social media stats

60bn

every user to Facebook

media channels

active social media accounts

watching video content

on digital devices by US adults each day

## How does targeted advertising work?



Social site
When you visit a social
network it reads your
cookies and delivers an
advert based on your
browsing history.

When you visit a website it saves a small text file called a cookie to your browser. Then, when you visit another website with advertising space, it looks through your cookies (known as your clickstream) and gives you a relevant advert. This is known as site retargeting, and it's just the tip of the iceberg.

Social media sites also have access to personal data that you and your friends have given them. Businesses can choose to show you their adverts based on your age, gender, location, relationship status, education, job title, device usage, social media habits, who you follow, what you search for, where you are, and even what other apps you've got installed on your phone.

#### Web visit

You go to your favourite online store to look at a product you're thinking of buying.

#### Cookie

The website stores a tiny text file called a cookie into your browser, logging your visit.

> AD SPACE AVAILABLE

#### Social ad space

Social media sites make their money by dedicating space to paid adverts.

# How does Facebook decide what to show in your newsfeed?



# THE MOST USED EMOJI

How do we express ourselves on different platforms?























#5



A global study in 2016 revealed which countries' text messages have the highest proportion of emoji



France **19.8%** 



Russia **10.9**%



US **9.2**%



Mexico **7.9**%



Turkey **5.8%** 

### Is social media addictive?







For some, social media becomes more than just a way to connect with friends; checking their feeds can turn into a compulsion and they become unable to control the amount of time spent on the internet.

Internet addiction disorder, also known as problematic internet use or compulsive internet use, is unique to

the 21st century, but it runs on biological impulses that have been around for millennia.

Our brains are wired to seek reward - it's what encouraged our ancestors to look for high-calorie sweet and fatty food, or to form lasting relationships with others - and it also drives addiction. The reward comes in

the form of a chemical signal called dopamine, which is released in a part of the brain called the nucleus accumbens. Dopamine makes us feel good and drives us to repeat positive behaviours. However, some people can develop a tolerance to the dopamine rush, needing more and more to produce the same effect.

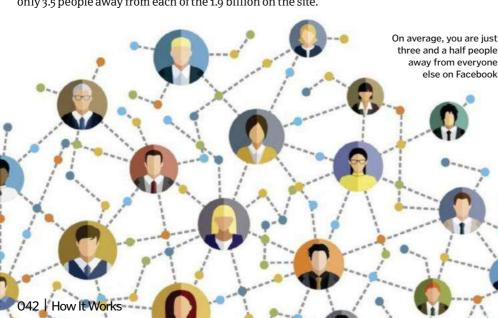
### How does a meme go vira

The word 'meme' was invented by scientist Richard Dawkins in 1976 to explain how ideas spread from person to person, replicating and mutating like genes. There isn't a formula for success, but researchers at the University of Memphis found that shorter memes, memes with swearing, and memes that could be reproduced quickly using a template were the most likely to do well.



# What are the Facebook 'degrees of separation'?

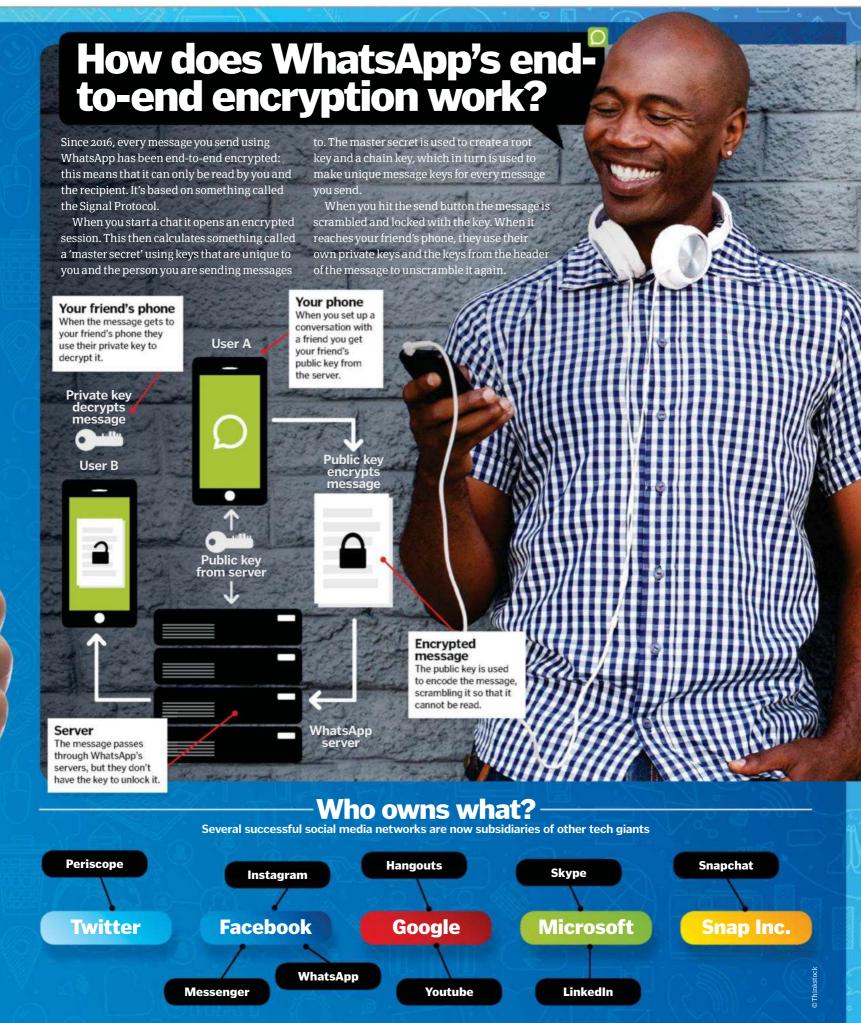
In 2016, Facebook dug into their stats to find out how interconnected their active users really are. We've all heard of the six degrees of separation, but if you're active on this social network (i.e. you've logged in during the past 28 days) you're only 3.5 people away from each of the 1.9 billion on the site.



On average, you are just three and a half people away from everyone



"The word 'meme' was invented by scientist Richard Dawkins"



### **Synthesisers**

How these machines can recreate various instruments or create entirely new sounds

create the final sound. The waves also

change in volume according to attack,

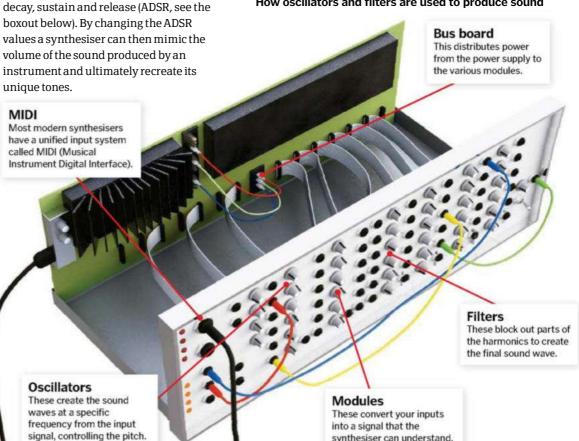
synthesiser is a machine that can produce sound using a combination of oscillators, filters and amplifiers to change the type of sound you hear. It often comes in the form of a keyboard, with various keys and settings allowing you to copy other sounds, or create entirely new ones.

When a normal instrument creates a sound, it vibrates air particles and sends a wave of sound to your ear. These waves have a particular shape depending on the initial vibration and how the air is compressed and stretched out. Changing the frequency (the number of vibrations) and the amplitude (volume) will ultimately dictate what it sounds like, with the former dictating the pitch. By then also creating harmonics (related notes at different frequencies) an instrument can complete simple or complex sounds.

To recreate this, a synthesiser needs to recreate the waves themselves. It generates sound tones using oscillators, which can produce sounds with different waves and match them to a specific instrument. It can then also combine waves to create harmonics, and thereby make richer sounds. Some synthesisers begin with more complex sounds and

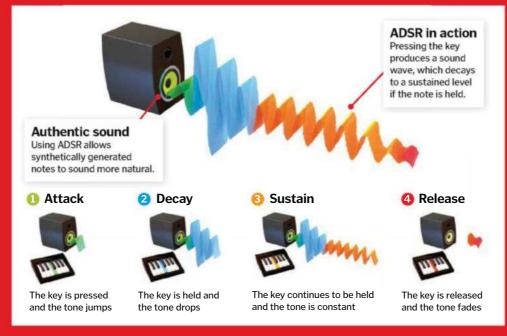
then remove harmonics using filters to

### Modular synthesiser How oscillators and filters are used to produce sound



#### **ADSR**

While sound waves have a particular shape and frequency, the volume or strength of the wave will also dictate the final sound. This is dictated by ADSR, or attack, decay, sustain and release. When a sound wave is first created, such as pulling a bow across a violin string, the tone jumps to its maximum volume, called the attack. As the note is held, it then drops slightly to a more regular level, called the decay. The note is then sustained at a volume until it stops being played. Like a bow being removed from the string, the sound then drops to nothing, which is called the release.



#### HIW's top synth sonas

Depeche Mode l Just Can't Get Enough 1981

**Human League** Don't You Want Me 1981

**Eurythmics** Sweet Dreams 1983

**Pet Shop Boys** West End Girls 1984

> A-ha Take On Me 1985

### Light bulbs compared

Over time, a more energy-efficient bulb can save you money





#### Traditional incandescent

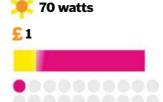
These bulbs heat a small filament of tungsten to produce light, with the filament glowing as a current is passed through it. This wastes a lot of energy, and the bulbs are relatively short-lived.





#### Halogen incandescent

These work similarly to a traditional incandescent bulb, but a halogen gas such as iodine is also used to prevent wear on the filament. This means it can grow brighter for a longer period of time.





#### **Compact fluorescent**

This type of bulb works by having excited gas in a compact fluorescent (CFL) tube emit ultraviolet photons. These cause the coating of the bulb to then emit visible light, and last quite a long time.





#### LFD

LED bulbs are expensive, but they can last a long time thanks to the small semi-conductor units inside. When a voltage is applied, each of these units emits light.



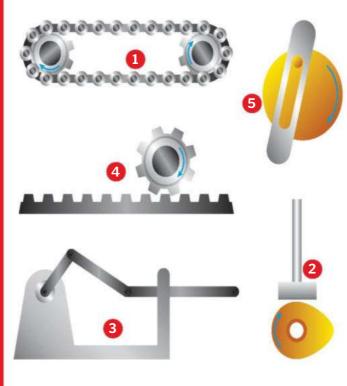
# **Converting motion**

How we transfer motion from one form to another and why it's useful

ou might not realise it, but you're probably converting motion in one form or another every day. Whether you're using tweezers, wheeling a wheelbarrow, or even just driving a car, it's a pretty regular part of our lives.

The point of converting motion is to make things easier to use. A wheelbarrow has handles, for example, to increase the torque between the force applied by your hands and the wheelbarrow itself. Tweezers, meanwhile, make use of levers so that the force you apply is reduced and more intricate objects can therefore be managed.

There are many different types of converting motion, from pulley systems to complex gears. Let's run through what a few are used for.



1. Chain and sprocket Rotary motion into linear motion Cars, bicycles, film projectors, printers.

2. Cam-and-follower Rotary motion into reciprocating motion Tumbler locks for keys, window locks.

3. Peg-and-slot Rotary motion into oscillating motion Roll-up windows, controlling valves, piston pumps.

4. Crank, link and slider Rotary motion into oscillating and reciprocating motion Engines, pencil sharpeners, fishing reels.

**5. Rack-and-pinion Rotary motion** into reciprocating motion
Getting trains up steep slopes, steering.

Olliustrations by Io Smolaga and Nicholas Forder

Nokia 3310: the old vs the new

How does the updated Nokia 3310 compare to the classic device?

he Nokia 3310 is one of the most famous mobile phones ever made. While it didn't pack in any truly revolutionary features, it got so many things right that, in the early 2000s, it was the phone to have. It included a whopping 84x48 pixel monochrome display and a diagonal direction control that let you move either up and down or left and right, plus one of the most addictive games ever created: *Snake*. It might not sound like much now in a world where smartphones have 4K displays, touch-screens and tens of thousands of games available to download with a tap, but back then it was fun, affordable, and it packed in a battery that lasted for weeks, not hours.

Fast-forward to 2017 and Nokia has decided to revisit it's fan-favourite and create a new model, packing in new technology but keeping the spirit of the old phone alive. There's no touch-screen and no app store, but there is an upgraded operating system, a colour display, and the same pleasing, pebble-like shape that feels so good in your hand. Oh, and it's got *Snake*. Take that, iPhone.

What's more, the new 3310 should last for around a month on standby. That's right – you can leave it switched on and 30 days later you'll still be able to pick it up and write a text using the 12-button keypad. With the new phone available now for under £50 (around \$65), we thought we'd take a look at how far tech has come in the last 17 years by comparing the original 3310 to the new model.

046 How It Works

#### Display

The original 3310 had a 1.5-in monochrome screen; the new model boasts a 2.4-in colour display at 167 pixels per inch.

#### **Blowout battery**

The new 3310's battery should last up to an incredible 744 hours on standby. The original 3310 only lasted 55 - 260 hours.

#### 2MP camera

The original 3310 came before phones featured cameras. The new one only sports a measly 2MP lens, which is nothing special.

### Comparing the 3310s

How does the old model measure up to the new?

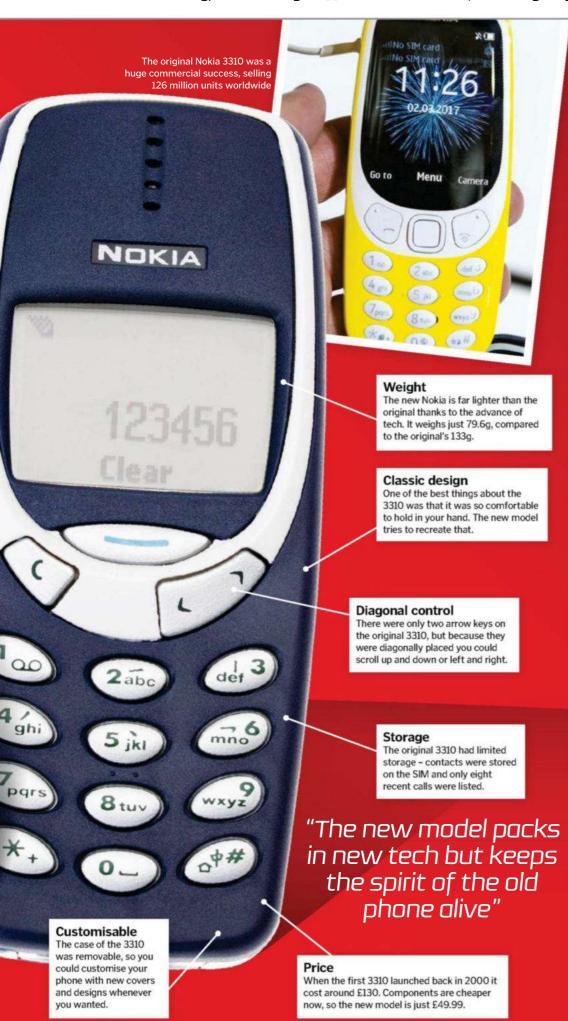
#### FM radio & MP3

The new model of the phone packs in an FM radio and MP3 player, along with microSD card storage for all your tracks.

#### **Dual-SIM**

The new 3310 allows you to use two SIM cards and switch between them so you can always use the one you need.





### Retro features we still want



#### Flip phones

Flip phones were really cool. You could flick open to answer a call, snap it shut when you were done, and best of all, the phone fitted neatly into a pocket. Bring them back!



#### **Keyboards**

Blackberry was the real star when it came to keyboards on phones. Yes, it's a bit fiddly, but it means with practice you can literally type with your eyes closed.



#### Comfort

The thing we really miss in the modern age of flat smartphones is a phone design that's really comfortable to hold. Bring back round, pebble-like designs we say!



### **Gas flares**

#### How industrial plants get rid of unwanted gases

as flares are large plumes of fire that are used in industrial plants as a safety procedure. They are used in the drilling of natural gas and oil, but how a gas flare is utilised for each varies a bit.

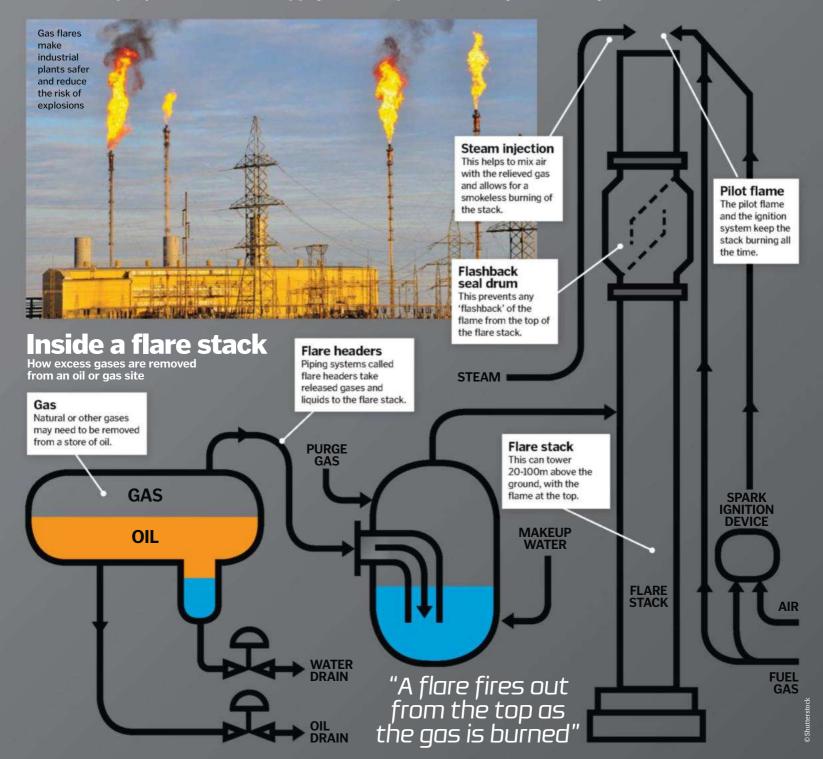
When drilling for oil, the stored oil can also contain large amounts of natural gas. Although valuable it cannot always be stored for use. So, in these cases, a temporary flare is used to relieve

pressure and make the liquids and gas stable. The gas is transferred into a flare stack in the refinery – a large vertical column – and ignited. A flare then fires out from the top as the gas is burned, which can last for weeks.

At gas processing plants, gas flares have a different function. Here they are used as a fail-safe to prevent the build-up of gases. If piping becomes over-pressured, the waste gas is

released into the flare stack and ignited, lowering the risk of a fire or explosion.

Although they might seem wasteful, gas flares are somewhat environmentally friendly, as they burn some gases that would be hazardous at ground-level at a higher altitude. Some of these include sulphur dioxide, hydrogen sulphide and nitric oxide, all of which are burned into less harmful gases.













# Detecting life on Earth

To find life on other planets, we may need to study our own

inding life on other worlds is one of the great endeavours of our time. We've found dozens of planets beyond our Solar System that could support life, not to mention the myriad of worlds that orbit our Sun. But how we detect life on one of these worlds has been a bit of a head scratcher. Could Earth hold the key?

The problem stems from what to look for. In our own Solar System we can look at the surface and study the atmosphere and emissions from various enticing worlds. These include the moons Enceladus and Titan, and Mars of course, too. As for exoplanets, a new suite of telescopes will shortly come online that could help us study their atmospheres. Even once we can do all this, though, we need to know what to look for.

In 1990, the late astronomer Carl Sagan devised an experiment. As the Galileo spacecraft flew past Earth, to gain speed on its journey to Jupiter, it trained its instruments on our own planet. Sagan and his co-authors used this data to try and work out if they could detect life on Earth. The answer? Yes, with a pretty high degree of accuracy. They published their findings in a paper in 1993.

To confirm their findings they used a later flyby of the Moon in 1992. They used data from this flyby to confirm that the Moon indeed appeared lifeless. However, they ran into a problem with organic compounds called porphyrins, found in lunar soil. Although a possible biosignature, these were undoubtedly created by nothing to do with life at all.

This inspired a now famous doctrine for finding life known as the Sagan criteria. There were four different pieces of evidence that would need to be found together in order to say beyond reasonable doubt that life existed on a planet. For Earth, it was a no-brainer that life was abundant here.

Whether this same technique can one day be applied to other worlds remains to be seen, as we are only now refining our methods. But we will undoubtedly have Earth to thank if a discovery of life is made elsewhere.

### Criteria for life

How can you prove there is life on another world?

Oxygen
The amount of oxygen in our atmosphere is much greater than any other world in the Solar System. Oxygen should usually combine with rocks, so its presence suggests it is being replenished by another source. On Earth, that's photosynthesis by plants, a key indicator for life.

Green plants

If you can find evidence of photosynthesis, then that's a pretty good sign a planet is habitable. This can be done by looking for a strong absorption of light at the red end of the spectrum, caused by chlorophyll in plants, which is

essential for photosynthesis.

#### Methane

Like oxygen, methane should also disappear in a planet's atmosphere. On Earth, it should have oxidised into water and CO<sub>2</sub>, but that's not the case. We keep our methane supply thanks to bacterial metabolism in bogs. Methane can also be caused by natural methods, though, which might be happening on Mars.

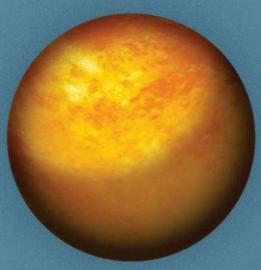
#### Radio waves

It might sound obvious, but if you can detect radio transmissions, then you've probably found yourself evidence of a technological civilisation. On Earth, our human-made transmissions are very different to those caused by natural phenomena like lightning, suggesting they are caused by artificial means – us.

#### **Inside Galileo** MAG How this spacecraft was able to detect signs of life on Earth The Magnetometer (MAG) was used to measure the magnetic field of Earth and later the planet Jupiter. Water Again, not one of Sagan's criteria, but water is essential for life as we know it. In its liquid form, on a planet at moderate Scan platform temperatures, it can transport contains substances around a cell, move nutrients around a planet, and more. On Earth, SSI anywhere we find water, we find life. The Solid State Imager (SSI) captured images using a chargecoupled device (CCD). PPR The Photopolarimeter-Radiometer (PPR) was used to detect incoming solar and The Low-Gain Antenna thermal radiation. (LGA) was used for both communications and for Spectrometers radio science. These were used to study the composition of the light being reflected by Earth. The dead Moon Pollution Although not one of Sagan's After flying past Earth in 1990, the Galileo criteria, pollution could also be an indicator of intelligent life. Our spacecraft flew past our region again in 1992. atmosphere has had its fair share of This time, it trained its instruments on the Moon to perform the same search for life there chlorofluorocarbons (CFCs) pumped into the atmosphere by us over the years, so as it had done on Earth. The results, almost without fail, showed that the Moon was the exact opposite of Earth. None of the Sagan finding these on another world could suggest life similar to our own. criteria for life were met, which means there was no oxygen, no methane, no radio transmissions. It appeared as dead as we thought it would be. There was one problem, however. The Galileo flyby highlighted the issue of possible false detections on other worlds in the future. In particular, it concerned organic compounds known as porphyrins found on the Moon. Although Galileo didn't detect these, the issue was raised because they related to three of the "There are four pieces of evidence that need to be Porphyrins are the building blocks for chlorophyll, so they can be a good indicator of life on Earth. Their presence on the Moon suggests that we might find certain building found together to confirm that life exists on a planet' blocks for life on some worlds, but that does not necessarily mean those worlds are suitable

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for life as we know it.



# **Candidates for life**

Discover some of the worlds that fit aspects of the Sagan criteria



#### GI 1132R

This exoplanet - announced in April 2017 - is extremely enticing because it is an Earth-sized world orbiting in the habitable zone of its star. Measuring 1.4 times the size of our planet, some have suggested this may be one of our its red dwarf star 39 lightyears away, scientists saw that the planet looked a bit bigger in one wavelength of light, suggesting it has an atmosphere. If this is true, it could





well have liquid water on its surface - key for life.

#### Criteria met?





#### **ENCELADUS**

This icy moon is thought to house a vast ocean of water under its surface, perhaps containing more water than there is on Earth. How do we know this? Well, some of this water continues to spout from this moon's southern hemisphere. The Cassini mission sampled this water directly and within it found some of the key ingredients fuel for organisms on the seafloor. Like our Moon, however, finding an ingredient for life does not mean it's present. Future missions will confirm if it's really there.

#### Criteria met?



#### **TITAN**

Titan is intriguing because it fits a few of Sagan's criteria. Most notably, while its atmosphere is 98.4 per cent nitrogen, it also contains 1.4 per cent of methane. The exact origin of this methane remains a mystery. It could be related to bacteria, or it could be caused by natural gas. Titan is also thought to have an underground ocean, so the idea it could support life is not too far-fetched. It's also the only place other than Earth with bodies of liquid on its surface, albeit in the form of liquid hydrocarbons.

#### Criteria met?





#### Criteria met?

FRB 121102 Fast radio bursts (FRBs) continue to confuse astronomers, as no one is quite sure what's causing

five milliseconds, and we can see them in other galaxies in the universe. Various phenomena have been ruled out as being their cause, leading some to very tentatively suggest that they could be signals from a technological alien race. That's a bit far-fetched at the moment, but the truth is we still don't know what causes FRBs. Until we can find that out, the alien theory cannot be definitively



#### **MARS**

Of all the places in our Solar System, Mars has long have found evidence for liquid water trickling on its surface, suggesting there are vast reservoirs underground. It also has an unknown source of methane, which is currently being investigated by the European thicker atmosphere and perhaps supported oceans and seas on its surface. It may appear pretty dead, but the search is well under way for ancient life on Mars.

#### Criteria met?



"Titan is the only place other than Éarth with bodies of liquid on its surface"

#### How the JWST works

The various pieces of equipment that will allow us to study other worlds

#### **NIRCam**

The Near Infrared Camera (NIRCam) is JWST's primary imager and will observe planets, stars and galaxies in infrared.

#### **Primary mirror**

Equipped with 18 hexagonal mirrors made of beryllium and coated with gold, this will gather light from distant targets.

### The James Webb Space Telescope

#### Sunshield

This tennis court-sized shield, composed of five layers, will stop the Sun's light interfering with observations.

#### How NASA's next telescope could improve our search for life

In October 2018, NASA will launch one of its most anticipated missions ever. This is the James Webb Space Telescope (JWST), a vast observatory twice the size of the Hubble Space Telescope that will be positioned beyond the orbit of the Moon. The goal of this telescope is to probe the universe, looking at distant galaxies and fasc inating supernovae. But it will also be training its 18 hexagonal mirrors on exoplanets, in the hope of studying their atmospheres and potentially finding biosignatures.

Several intriguing planets for study have been identified so far. Perhaps the most enticing are Earth-sized worlds around red dwarf stars. As these stars are dimmer than stars like our Sun, we can more easily image planets in orbit and study their atmospheres.

Observing worlds in infrared, JWST will study the light of stars coming through the atmospheres of exoplanets to try and work out their atmospheric composition. It will also attempt to directly image planets by blocking out the light of the star. This will appear as nothing but a small speck of light, rather than a broad global view of a world. But by studying this speck it may be possible to watch the seasons change and even work out if vegetation is present on a planet's surface.

The JWST will provide a cavalcade of new information about other worlds, and following the Sagan criteria it may get us closer to finding out if there are any other truly habitable worlds in the universe.

#### MIRI

The Mid-Infrared Instrument (MIRI) will take the sweeping wide-field views of nebulae that Hubble is famous for.

#### **NIRSpec**

The Near Infrared Spectrograph (NIRSpec) will be used to study the physical properties of celestial objects.

#### Star trackers

These tiny telescopes will monitor star patterns to tell the observatory which way to look to find a target.

### Studying atmospheres

How the JWST will hunt for biosignatures on distant worlds

#### Star

The JWST will observe the light of other stars as it passes through the atmospheres of exoplanets.

#### Atmosphere

As light passes through the atmosphere, the JWST can measure its intensity to work out the atmosphere's composition.

#### Distance

The worlds JWST will study will be up to tens of lightyears away from our planet.

#### Transit

As an exoplanet passes in front of a star it blocks its light, known as a transit.

#### Direct image

The JWST will also attempt to directly image some planets, capturing low-resolution views of their appearance.



# Integrated Truss Structure

How the International Space Station is held together in orbit

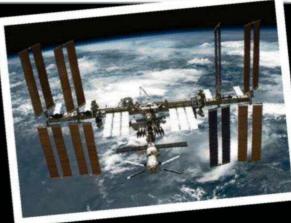
he International Space Station (ISS) might look like a rather hodgepodge collection of modules and solar panels, but it's actually laid out in a pretty ordered manner, with a backbone known as a 'truss' keeping the whole station shipshape.

This truss is better known as the Integrated Truss Structure (ITS). In total it measures 109 metres in length, providing a sturdy backbone for the orbiting station. Since construction began in 1998, the truss has continuously been added to, mostly with Space Shuttle missions, allowing new components to be attached to the station.

The truss forms the long part of the station along which everything is attached. Any truss segments to the 'port' side of the station are labelled P. 'Starboard' segments are S, and Zenith (up and down) are Z.

There have been 11 different truss segments attached to the ISS over the years. Apart from being places to attach things, they also contain all the electrical and cooling utility lines. And when astronauts go on spacewalks, they use railings attached to the truss to move around.

Construction of the truss is essentially complete, so until it's retired in the 2020s. the ISS won't change its appearance much.



Above: the essentially complete ISS truss structure in 2011

S1

Installed on 10 October, 2002, S1 houses the cooling system for the ISS.

### Assembling the ISS

The components that make up the truss and what their roles are

#### S3 and S4

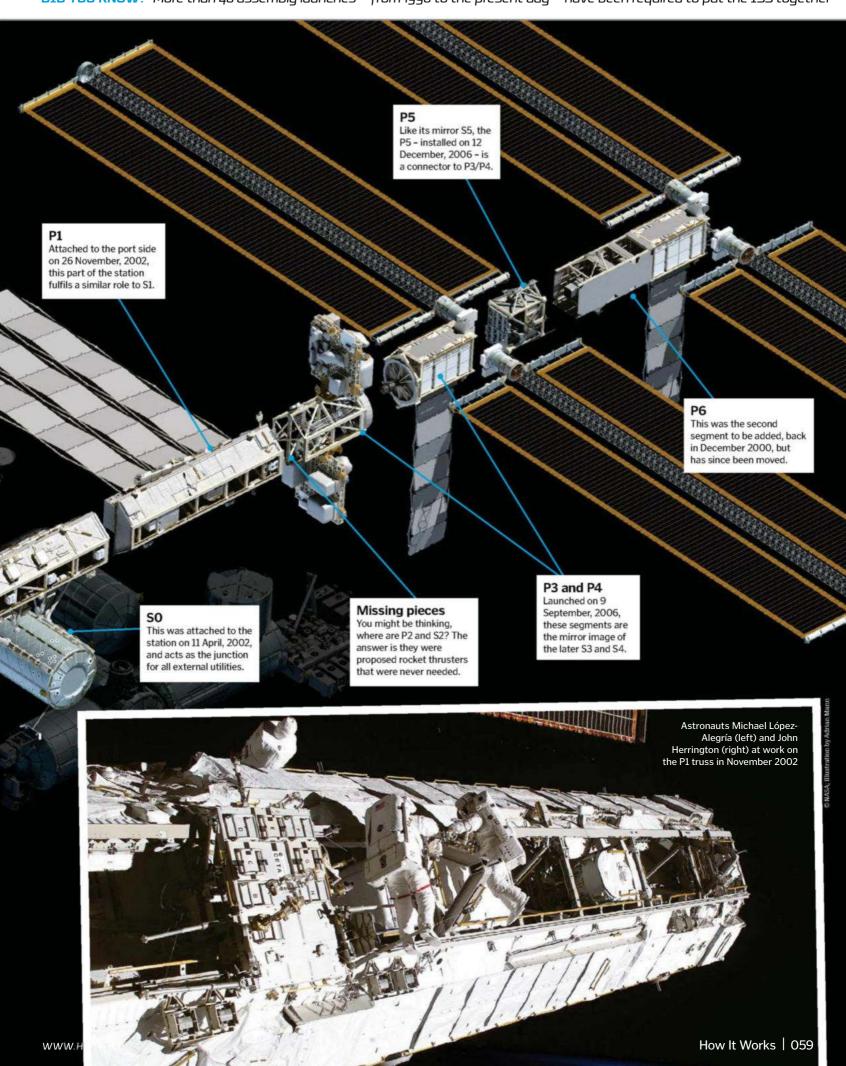
These two sections were launched on 8 June, 2007, and they house some of the station's large solar arrays.

This segment was installed on 11 August, 2007, and doesn't have a huge role apart from connecting to S3/S4

> "The Integrated Truss Structure forms the backbone of the ISS"

T.II

Installed on 19 March, 2009, S6 provides another set of solar arrays and radiators for the station.





# HOW TO OBSERVE THE MOON TIP4 Look for subtle dis

What can you see on the lunar surface with the naked eye or a telescope?

TIP 3

#### Look along the terminator

Perhaps one of the best times to observe the Moon is not when it's full, but when it's a crescent. Here, by looking at the border between light and dark, you'll be able to make out some more detail on the surface.

TIP 5

#### Observe throughout the month

The Moon goes through a cycle every 29.5 days from full Moon to new Moon (when little to no sunlight is reflected on the surface). Viewing it at different times can give you a whole new perspective.

hroughout human history, the Moon has been a fascinating target of observation. From its more mythical beginnings, we now know the Moon to be our largest natural satellite, and it was possibly formed from the same rock under your feet right now by a collision 4.5 billion years ago.

With the naked eye you can easily start observing some of the Moon's larger features. From the dark patches that once brimmed with lava to its numerous craters, there are plenty of sights to behold.

However, by using binoculars or a telescope you can see some of its more intricate features, such as the terminator, where sunlight casts shadows on the surface, or even the regions in which the Apollo spacecraft landed. Here we'll give you some top tips for getting the most out of your lunar observations.

#### Look for subtle differences

While the same face of the Moon always points towards us, it actually wobbles a bit in its orbit (called libration). This means that at its edges you can sometimes see different regions that were not visible before.



TIP 6

#### Use the right equipment

If you're going to use a telescope, make sure you get a Moon filter. This will cut out the bright glare of the reflected sunlight, so you'll more easily be able to train your eye on the surface by adjusting the brightness.

















### **Astrolabes**

The ancient computers that give you the time of day by mapping the stars

efore clocks, humans used the Sun and night's sky to measure time, and they invented astrolabes to help them do it. The concept for these ancient astronomical devices first appeared before 150 BCE, but they were not built until a few centuries later. Their primary function was to calculate the altitude of celestial bodies such as the Sun and other stars, which could be used to tell the time during the day or night. However, they can also be used for plotting and predicting astronomical phenomena such as sunrises and sunsets, calculating the time of year and determining latitude, and so they proved useful to sailors as well as astronomers.

system for locating celestial objects.

Time-telling technology

Discover how the different components of an astrolabe work together

Astrolabes were typically 15cm in diameter and made

"The concept first appeared in 150 BCE" **Plate** Each plate corresponds to a specific latitude and is engraved with a coordinate

Rule

This rotating clock-like

angular distances to help

you take measurements

hand is marked with

Rete This top plate is marked with important stars and constellations and rotates to show their daily motions.

Mater

The rim of this base plate features an inner scale for measuring hours and an outer scale for measuring degrees.

Alidade A second clock-like hand on the back rotates to measure the altitude of a celestial object.

# Black widow pulsars

The spinning stars that will destroy their cosmic companions

hen a star dies in a supernova the core of the deceased star is crushed under extreme pressure, causing it to become either a black hole or a neutron star. A pulsar is a neutron star that is spinning at a few thousand revolutions per minute (rpm). Some of these pulsars spin up to 43,000rpm and form a strong magnetic field.

The combination of magnetic forces and the spinning speed drives beams of electromagnetic radiation from the pulsar, including gamma rays. When these millisecond pulsars are near another normal or low-mass star they create binary star systems that can be categorised into two groups: redbacks and black widows.

Both of these are rare star systems and are named after spiders infamous for devouring their companions. This is because, as its namesake suggests, the pulsar will eventually completely destroy its less dense neighbour, slowly but surely consuming it entirely.

The spider pulsar completely destroys its binary partner as high-energy particles annihilate it. When the gamma-ray beam passes over the smaller star it can heat it to more than 11,650 degrees Celsius (twice as hot as the surface of the Sun). This, alongside solar winds and the hostile conditions of space, strips material from the companion star, slowly evaporating it over millions or billions of years.



#### Ammonia storms

In Jupiter's atmosphere, it seems that ammonia is sucked up from deeper within the planet. This feeds giant weather systems, such as the white spots in its upper atmosphere.

#### Weird poles

Jupiter is encircled by iconic bands of storms, but at its north and south poles, Juno has discovered the pattern of storms is much more random and erratic.

## Juno's discoveries

What this NASA spacecraft has taught us about Jupiter one year into its mission

#### Unusual dynamo

The cause of Jupiter's magnetic field may not be its core, like Earth. Instead Juno has found the dynamo powering it may be near Jupiter's surface.

An image of Jupiter's unusual south pole taken by Juno

#### Fuzzy core

Juno is trying to work out if the core of Jupiter is solid. Based on gravity measurements so far, it appears to be irregular, mixing with liquid upper layers.

#### Strong magnetic field

Juno has found that Jupiter's magnetic field reaches up to 7.766 Gauss in some areas, which is twice what was expected, and ten-times stronger than Earth's.

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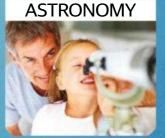
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### The equipment that helps keep passengers safe while they travel

or many of us, the slow, shuffling queue at airport security is a necessary inconvenience; a right of passage we all must endure before we can begin to enjoy a trip abroad. But few take the time to consider the impressive technology and equipment that has been developed to keep us safe while we're in the air. In this feature we'll explain the science behind this comprehensive screening process. But first we should ask ourselves why we need airport security.

When posed this question, most will immediately think of the terror attacks against the US on 11 September, 2001. This atrocity shook the world and was the catalyst that drove levels

of security to the heights found today. But we have to go back further, to the 1960s and 1970s, to discover the origins of the all too familiar X-ray scanners and metal detectors.

An American airport prior to 1973 would be an alien place to the modern traveller. Identification wasn't necessary for internal flights, passengers were rarely scanned, and only suspicious individuals who set off a detector were frisked. It may come as no surprise then that this relatively lacklustre approach to security led to heightened criminal activity in the air; in 1969 there were 40 hijacking attempts made in the US alone. But the need for additional security measures was driven home hardest by one of the most

intriguing heists in modern history: the DB Cooper hijacking.

In 1971, a polite and quiet man who called himself Dan Cooper paid in cash for a one-way ticket from Portland to Seattle. Once aboard the aircraft, he showed an air stewardess the contents of his briefcase, which was packed full of wires and red-coloured sticks – a bomb.

Cooper demanded \$200,000 and four parachutes, and once his demands had been met he released the other passengers, kept the crew aboard and commanded the plane to take off. At a low altitude of roughly 3,000 metres, the rear door exit was opened and, with a parachute on his back and the money bound to his chest with

### **Bomb detection**

How does airport security uncover explosives and keep flyers safe?

Detecting explosive material is of paramount importance to air security, and substances are searched for at multiple stages. For example, after our luggage has traversed through the X-ray scanner, it's sometimes whisked away down another conveyor belt, chosen for the so-called 'swab test'. This step allows airport security to spot explosive material using a clever technique known as mass spectrometry, which is capable of identifying trace amounts of prohibited compounds.

By simply running a swab over a person's luggage and separating the captured molecules by gas chromatography which separates compounds based on how long it takes them to travel through a gas column - the mass spectrometer can then reveal an array of potentially dangerous compounds, ensuring even heavily disguised forbidden items

are discovered.

"Separating captured molecules can reveal an array of potentially dangerous compounds"

Airlines in 1999

Online check-in was first

introduced by Alaskan

Mass spectrometry Meet the world's most

accurate set of scales

#### Making the turns

The ions are bent and deflected by magnetic and electric fields as they move through the machine.

#### Detection

Only ions with the correct mass will be bent the required amount, allowing them to reach the detector.

Wrong compounds

Other compounds will either have too much or too little mass, which affects their arc through the machine.

#### **Fragments**

A series of peaks appear on the detector results. Each peak represents a fragment of the full compound. If the peaks match those of a prohibited molecule's, then we know that molecule is present in the luggage.

#### And they're off

Now that the molecules are charged they can be accelerated through the machine by an electric field. Ionisation The molecules are changed into positively charged ions after being bombarded by

a stream of electrons.

#### **Biometric revolution**

Biometrics - where data about you is gathered through your biology - is becoming increasingly popular for both security and convenience. We can now lock our data behind fingerprint scanners, iris scanners, and even whole face scanners, and this technology will likely become ever more present in airports in the coming years.

Already being trialled is the 'biometric pathway', which takes a face scan of each passenger as they arrive at the airport terminal and begin the digital check-in process. The software first pinpoints a

collection of landmark locations on each traveller's face, and from there it paints a unique identification using features individual to each person, such as the distance between the eyes, width of the nose and length of the jaw line.

By comparing the biometric analysis of every passenger to a security database, known or wanted criminals can be swiftly identified. In addition, the advocates of face scanning technology believe it could be used for all of the terminal checkpoints, making passing through check-in, security and boarding all much simpler.

Biometric face

scans will make our airports safer and more efficient



cords, Cooper jumped out into the night. He was

This notorious and audacious heist proved rather inspirational for other criminals, and a number of copycat attempts followed. By January 1973, the government had decided to implement screening technologies able to expose weapons and explosives at security checkpoints, and the number of hijackings inevitably fell drastically soon after. Modern security had been born, and it has continuously evolved in the following years to cope with ever-changing threats.

The metal detector, for example, which has been in use for decades, is growing redundant for modern dangers. Criminals have shifted from metal guns and knives to non-metallic explosives, and security technology has had to adapt accordingly. This has led to the rise of the advanced radio wave-emitting millimetre-wave scanner and X-ray scattering techniques, which are able to probe passengers for hidden objects

### "Handheld 'sniffers' may soon be a common sight, replacing dogs'

without the invasive act of frisking. These technologies are not without their own drawbacks, however, and we will explore user's privacy issues and address the safety concerns of the new equipment further on in this feature.

Innovative measures go further than just body scanners – airports are now often equipped with bomb detection equipment, which is derived from Nobel Prize -winning science. And handheld chemical 'sniffers' may also soon be a common sight, replacing dogs.

There's also a higher emphasis on convenience than before, with automated passport scanners and extra safety behind the scenes, such as biometric fingerprinting technology to permit entry to airport staff.

Flying is one of the most convenient means of travelling. Through ingenious design, aircraft are also statistically the safest vehicles to make a journey in, and airport security has played a pivotal role in ensuring that it remains this way. Separating your liquids and your laptops from the rest of your luggage, removing your shoes, and being scanned may feel at times like an inconvenience, but with these measures the equipment is most effective and most able to keep us safe. Now that we have the ability to spot objects under layers of clothing, make comprehensive scans of traveller's luggage, and detect mere traces of dangerous compounds, our airports have never been safer.

### **Body scanners**

There are several techniques, but which is the best option for passenger screening?

#### **METAL DETECTOR**

#### **Purpose**

Metal detectors have played an integral role in the passenger screening process for over 40 years. Their ability to detect metallic materials, which are key components of many forbidden items including knives, guns and explosives, has made the full body scanners and their handheld counterparts essential pieces of equipment for airport security.

#### Is it safe?

Clothing

the partially

obstructed rays,

which have travelled

back from the object.

Due to their low

through clothing.

density, the X-rays are

able to pass straight

Although metal detectors do emit electromagnetic radiation via coils, which the passenger walks through as they pass through the detector, these are in the form of harmless lowfrequency radio waves.

#### Sounding the alarm

The metal object causes interference with the scanner's magnetic field, setting off the alarm.

#### Sending signals

Due to the current, the object begins to create its own magnetic field.

#### Magnetic field

An electric current is passed through coils of wire in short pulses, generating a magnetic field in the detector.

When a metal object passes through the detector it interacts with the magnetic field, which generates a current in the object.

Metal object

#### Pat down

Notified by the alarm, security staff must perform a physical search for the metallic object.

#### object Materials such Tissue

The difference in absorption between

the object and skin is displayed by a

created image, revealing the location

of the hidden mass.

When the rays liquids block and reach denser scatter some of surfaces, such as skin, they are only able to

### penetrate the outer layers. Escaped rays A detector captures Density difference

Hidden

the X-rays

as plastic and

#### **BACKSCATTER** X-RAY

#### **Purpose**

With the rise of the plastic explosive and the recent failed attempts in the form of shoe bombers and pants bombers, new technologies have been developed that can identify non-metallic objects under layers of clothing. Using lightly probing X-rays, backscatter scanners can identify hidden objects by how they obstruct the emitted radiation.

#### Is it safe?

The X-rays used by this technology are low-energy compared to those used in hospital scans, making them much safer. The radiation dose received is lower than the amount accrued during two minutes of flying in an aircraft.

#### **MILLIMETRE-**WAVE

#### **Purpose**

The goal of the millimetre-wave is to produce a three-dimensional scan of each passenger that can reveal any objects hidden under clothing. Modern millimetre-wave scanners autonomously alert security to areas on the body where a prohibited object may be hidden, saving the staff from having to manually search the scan.

#### Is it safe?

Millimetre arrays emit non-ionising radio waves, which are believed to be unable to cause DNA mutation or tissue damage. The waves can penetrate through clothes but not denser surfaces such as skin.

#### Antenna arrays

Dual antenna-masts sweep around the passenger, emitting radio waves that pass through clothing but bounce off denser materials.

Step inside

The passenger enters

the machine and raises

their arms, allowing for

a comprehensive scan.



The first full body scanner was developed by Dr Steven W Smith in 1992

Autonomous

Data crunching

The image-processing

unit takes the data from

the arrays and converts

it into a 3D image.

threat detection Hidden objects are identified by the computer program because they reflect a different proportion of radio waves compared to skin.

#### Scan results

The program highlights any suspicious areas to security staff automatically, without them having to manually search the image.

Illustrations by The Art Agency/Barry Croucher.

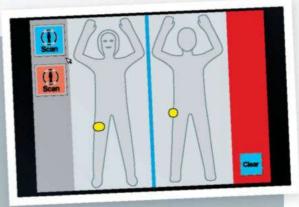
#### Privacy concerns

In December 2009, a failed terrorist attack involving explosives embedded into underwear inspired the US government to take action. The attempted bomber's ability to board the aircraft with dangerous materials highlighted the metal detector's growing inability to handle bomb threats, and new machines were needed.

Fast-forward just a few years and backscatter X-ray scanners and millimetre-wave machines are becoming ever more commonplace in airports across the globe. Unlike detectors, these machines are able to accurately display disguised objects of many materials. They

achieve this with an ability akin to Superman - by seeing through our clothes.

Although passengers appreciated the need for improved security measures, many were unhappy with the images produced, which essentially stripped the passenger of their clothing for all security staff to see. Fortunately, clever computer software has now helped to rectify the issue by processing the scan results autonomously. The results are displayed on a generic 'gingerbread man' image, and any suspicious areas are highlighted by yellow boxes, allowing for a focused physical search.



The generic 'gingerbread man' image has allowed passengers to retain their privacy

How It Works | 067







### **Automated** tunnel washes

Conveyor The customer then

drives in to the tunnel,

grabs and immobilises

where the conveyor

the front left wheel.

How do these giant machines clean our cars?

he automated tunnel car wash is the largest robot most of us will interact with in daily life. With a tough aluminium, rust-resistant frame to carry the machinery and a conveyer belt able to move more than 30 tons of vehicle, a combination of chemicals, high pressure and mechanical friction ensures a thorough clean.

The first automated car wash as we know it was opened in 1951 in Seattle, and since then the industry and technology involved has developed exponentially. The modern tunnel car wash includes thousands of moving parts, various soaps and waxes, and regulators, sensors and gauges to effectively wash the car without damaging it. An effective car wash can remove insects, bird droppings and grease from the

surfaces of the vehicle in just a few minutes.

The process generally starts with pre-soakers, usually with a mild alkali first and then rinsing with a mild acid. This is followed by the addition of detergents to deep clean. The main section contains two to five brushes known as 'scrubbers', and at least one is positioned horizontally to clean the top of the car. A wax is added to conserve the paint on the car and protect it from scratches and UV light.

Though it is a hydraulic power system that moves the frame and rotates the brushes, it is the computer system that controls the process. Some of the process is pre-programmed, such as to increase the speed of the brushes when passing the front of the car, as it tends to gather the most dirt. Other parts of the car wash rely on sensors

A bi-directional nozzle

tunnel sprays the car

with active foam to

de-grease the vehicle.

at the start of the

Foam

and the feedback from them, such as photoelectric systems that are responsible for positioning and contouring detection. In the final drying stage of the car wash, the computer repeats the movement of the brushes memorised

Sensors in the car wash mechanisms detect the position and shape of your car and move

around it accordingly

Cleaning the tyres

from earlier stages.

#### A set of chemical tyre applicators administer a specialised formula that targets brake dust and

First rinse build up from the surface The following of wheels and tyres. nozzle rinses the car with clean water to remove most of the dirt

and debris.

#### **Inside an** automated car wash

The complex conveyor belt of automated machinery we use to clean our cars

#### Which wash?

At the entrance, the customer can select a specific cleaning programme.

070 How It Works

#### Under-car

cleaning

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Nozzles installed in the floor of the tunnel clean the underside of the car.







### **Points of sail**

How do sailors use the wind to their advantage?

true sailor has the ability to harness the power of both the water and the air to move a sailboat in almost any direction, and understanding the 'points of sail' are critical to being able to do this and propel their vessel efficiently. The position of the craft in relation to wind direction determines the amount of power the boat can gain.

Generally, a sailboat consists of two sails – a mainsail and a jib. Beneath the boat is a lengthwise structure of wood or steel that runs along the base. This is called the keel and it is responsible for preventing the boat from tipping over, while also turning a rudder in the water that controls the direction of a sailing boat.

It is the sails of a boat that work to move the craft forwards by one of two methods. A sail sometimes works by catching the wind, but only when the boat is sailing downwind. For the rest of the time it functions in the same way as an aeroplane wing standing on its side. This means that rather than being blown along, the boat is moved more by the pull of the sail, in a similar way that an umbrella will be tugged out of your hand if there is fast wind moving over the top of it.

The design of a sailboat, in addition to the skill of the sailor, means the watercraft can move in every direction with the exception of the 'no go zone', which is directly into the wind. In this area the craft's sails are unable to generate enough drive to maintain forward momentum. Sailors are still able to move their boat upwind, but it requires patience and skill to zigzag from port to starboard side close-hauled.

Higher air

Sails work in a similar way to when an umbrella is

pulled out of your hand by the wind

'No-go' zone With the boat angled in **Harnessing nature** this region with respect to the wind direction, Tacking the sails will flap and boat will slow to a halt. Discover how sailors capture the wind that propels their boats across oceans **WIND** Close reach Close-hauled Between close-hauled Sails in tight, the and beam reach, the boom centred, and sails are let out slightly. leaning away from the wind. This position is the closest against the wind as you can go. Beam reach Beam reach **Broad reach** Sails half out, with the The sails are let boat moving farther out and the perpendicular to the boom is out to the wind. This is often the side. At this angle, fastest point of sail. the boat receives more push from the wind than pull from lift. Gybing Dead run Wind directly against rear of boat. This is actually the most difficult point of sail as **Broad reach** it can be unstable. Lift generated

The points of sail all impact the way the

boat sails and handles

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he word atom means 'uncuttable', but in 1938 German scientists achieved the unthinkable. They split an atom into pieces, triggering an intensive period of research that would change the world forever.

Splitting the atom, or nuclear fission, was achieved by shooting neutrons at uranium. As the particles slammed into the atoms, their nuclei broke apart, creating lighter elements and releasing more neutrons in the process. If these neutrons could be harnessed, they could be used to split even more uranium atoms, triggering a chain reaction that could become powerful enough to be used as a weapon. And, as World War Two dawned, physicists were afraid that the Nazis would do just that.

Several scientists had fled fascism in Europe and arrived on American shores, and among them were Leo Szilard, Albert Einstein and Enrico Fermi. Szilard wanted to warn the president about the new discovery, but he was a junior researcher and needed a more senior scientist to back him up, so he asked colleague Edward Teller to take him to see Einstein, who then alerted President Theodore Roosevelt.

Roosevelt formed an advisory committee on uranium, but he was distracted by the war and it wasn't until 1941 that he really sat up and took notice. That was the year that Japan attacked Pearl Harbour, killing over 2,000 American soldiers in a brutal aerial ambush.

Headquartered in New York City and under the name of the Manhattan Project, Lieutenant General Leslie R Groves assumed control of atomic research. His team was given just \$6,000 to investigate atomic warfare, and eminent physicist Enrico Fermi began work on the first phase. No one thought they would succeed.

Fermi had escaped Italy when he went to Sweden to collect his Nobel Prize; rather than return home, he fled to the US with his wife. As the Manhattan Project began, he focused his efforts on getting a nuclear chain reaction working, and with Szilard's help he built the world's first nuclear reactor in a squash court under the stadium at the University of Chicago.

To sustain a nuclear chain reaction, they needed to slow the neutrons down so that they could collide with more uranium nuclei and split them open. They did this by embedding uranium spheres in layer upon layer of graphite. Finally, in 1942, they succeeded in getting a chain reaction going, and the government started to pour money into research.

The army bought land in the desert at Los Alamos in New Mexico under the pretence that they needed a new demolition range. The new facility was put under the command of physics professor Robert Oppenheimer, and the team started working out how much fuel they would need to build their bomb.

Uranium ore contains different isotopes of the radioactive element; the atoms of these variants have different numbers of neutrons. Most uranium is in the form of uranium-238, but to build a bomb the scientists needed uranium-235, so they needed a way to separate them. The calculations for how much fuel they would need were little more than estimates, but when Oppenheimer and his team asked for 200 kilograms of uranium (ten times more than they ended up using), President Roosevelt approved \$500 million of extra funding.

The first separation devices for creating uranium fuel were designed by Ernest Lawrence at Berkeley, California. Known as calutrons, the machines were scaled-up mass spectrometers, which send atoms whizzing past a magnet. Uranium-235 is ever so slightly lighter than uranium-238, and the lighter an atom is, the more the magnet will bend its path, allowing the two to be neatly separated.

The process was painstakingly slow; each calutron structure could only produce ten grams of uranium-235 a day. So they built a dedicated facility called the Y-12 Uranium Enrichment Plant at Oak Ridge in Tennessee, which contained over 1,150 of them. There was no time to test the tech on a small scale, and when they first switched Y-12 on, its magnets reportedly pulled the nails out of the walls. However, once it

"There was no time to test the tech on a small scale"

The first

atom bomb

On 16 July 1945, the world changed

forever. In the Trinity test, a 20-kiloton bomb known as 'The Gadget' was detonated in the Jornada del Muerto

Desert in New Mexico, throwing a vast mushroom cloud into the air and

The Gadget was based on the same

turning the ground beneath to glass.

encased in explosives, designed to compress when it was triggered,

when an atom bomb went off, so soldiers were placed in the surrounding

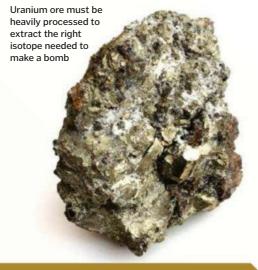
the bombs were dropped for real.

towns to help with an evacuation if it all

was up and running, the plant attracted 75,000 workers, and by the end of the war Oak Ridge was the fifth largest town in Tennessee.

Calutrons alone weren't going to be able to produce enough uranium to build a bomb, so the Manhattan Project scientists employed a second enrichment method to generate even more fuel. Gaseous diffusion – developed in the UK in the 1940s – worked by combining uranium with fluorine to make uranium hexafluoride gas. This gas was then passed through a barrier studded with microscopic holes, barely large enough to allow the molecules through. The molecules containing the smaller uranium-235 isotope squeezed past slightly faster on average, allowing them to be collected. 300,000 square metres of the barrier were constructed at the K25 plant in Tennessee in 1943.

At its peak, the production of nuclear fuel for the programme was consuming a tenth of the energy produced in the US. And within the space of two years the Manhattan Project had expanded to become one of the largest scientific



# The Trinity Test shook towns across the state

# The brains behind the bomb



Leo Szilard

Hungarian-born physicist Szilard was a close friend of Einstein and the catalyst of the Manhattan Project. He eventually led a petition against use of the bomb on cities.



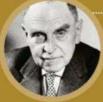
Robert Oppenheimer

A theoretical physicist and head of the 3,000-strong team of scientists at Los Alamos, Oppenheimer later opposed the development of the hydrogen bomb.



Enrico Fermi

Awarded a Nobel Prize in 1938 for his work on radioactivity, Italian physicist Fermi led the beginning of the Manhattan Project. He constructed the first ever nuclear reactor.



Otto Hahn

German chemist Hahn discovered nuclear fission and was awarded a Nobel Prize. He was not a part of the Manhattan Project, but his science formed the



**Edward Teller** 

Hungarian-American Teller led a team in the theoretical physics division at Los Alamos. A strong supporter of nuclear weapons, he is known as 'the father of the hydrogen bomb'.



**Hans Bethe** 

Nobel Prize winner, Bethe was chief of theoretical physics at Los Alamos. He worked with Teller to develop the hydrogen bomb but later campaigned for nuclear disarmament.



Seth Neddermeyer

Neddermeyer was an American physicist and the mastermind behind the implosion design of the Fat Man atomic bomb that was dropped on the Japanese city of Nagasaki.



#### James Chadwick

Chadwick was a Nobel Prize-winning English physicist who discovered neutrons. He led the British Mission collaboration with the Manhattan Project.

WIKI/ Jack Aeby; Thinkstock; Getty



undertakings ever attempted, spanning several cities and employing tens of thousands of people from the areas of military, science and government. But the scientists still didn't know if their bombs would work.

Creating enough uranium for even one bomb was proving challenging enough, so there would be no extra fuel left over for a test, but in 1941, plutonium was discovered. This human-made radioactive element could be produced by irradiating uranium in nuclear reactors, and it

could potentially fuel a second bomb. Scientists in Chicago designed reactors to generate plutonium, and over 60,000 construction workers were set to the task of building a new plant in the desert at Hanford in Washington.

For the uranium bomb – later named Little Boy – the scientists were basing their design on a gun, firing one chunk of uranium into another to set off the chain reaction, but for the plutonium bomb they devised an outer shell of explosives that would detonate around a plutonium core.

The shockwaves would push the plutonium atoms together, triggering the chain reaction.

On 12 April, 1945, President Roosevelt died, and a month later, Nazi forces surrendered, but Japan refused to end the war, and America's project to develop their atomic bombs continued.

President Truman made the decision to drop the bombs on 1 June that year, and in July they performed the first test on American soil, detonating a replica of the plutonium bomb - Fat Man - and releasing a blast equivalent to 20,000







tons of TNT. This was right at the upper end of their estimates, and it turned the desert sand into glass.

On 6 August 1945, Paul Tibbets boarded the Enola Gay, named after his mother, and flew over Hiroshima with Little Boy. It had taken 120,000 people and over \$2 billion to develop the atomic bombs, and within moments 90 per cent of the city was flattened and 150,000 people were killed by the blast or subsequent radiation sickness. Two days later, Fat Man was detonated over Nagasaki, killing a further 75,000. Japan surrendered on 15 August 1945.

Oppenheimer, who led the Manhattan Project said, "We knew the world would not be the same. A few people laughed, a few people cried, most people were silent. I remembered the line from the Hindu scripture, the Bhagavad-Gita. Vishnu is trying to persuade the prince that he should do his duty, and to impress him takes on his multi-armed form and says, "Now I am become Death, the destroyer of worlds." I suppose we all thought that, one way or another."



Close up of the tubes that fed uranium into the Hanford reactor

#### "We knew the world would not be the same" – Robert Oppenheimer



#### The Manhattan Project's legacy

After the end of World War Two, America continued to conduct atomic tests. The world had never before seen a weapon capable of such rapid and complete destruction, and as the atomic age dawned, several countries joined the nuclear arms race, stockpiling their own weapons to deter attacks from other nuclear states.

The Soviet Union, using information leaked by spy Klaus Fuchs, tested their atom bomb for the first time in Kazakhstan in 1949. The UK detonated the Hurricane in 1952, France joined in with Blue Gerbil in 1960, and China did their first test in 1964

America also rushed to develop the hydrogen bomb, which they detonated in 1952 in the Pacific Ocean, completely vapourising the island of Elugelab. And, using more information from Fuchs, the Soviets designed their own, culminating in a 58 megaton blast in 1961. In 1968, the US, USSR and UK agreed to a

In 1968, the US, USSR and UK agreed to a Non-Proliferation Treaty to limit the spread of nuclear weapons. They also encouraged the sharing of peaceful nuclear technology across the world, helping positive new developments like nuclear power and nuclear medicine to reach as many people as possible.



# **Milan Cathedral**

Italy's spectacular Gothic masterpiece took almost six centuries to complete

n the heart of Milan stands the fifth largest Christian church in the world. Known as Duomo di Milano in Italian, it was commissioned by Archbishop Antonio da Saluzzo in 1386 as a replacement for the old Basilica of Santa Maria Maggiore.

The new cathedral was originally going to be constructed from terracotta brickwork, but the lord of Milan, Gian Galeazzo Visconti, decided pink-hued white Candoglia marble would create a grander impression. A workforce of architects, sculptors and labourers travelled from all over Europe to work on the project, and a network of canals was dug to transport the marble from the Candoglia quarries to the construction site.

By 1560 much of the nave was complete and the first spire had been sculpted, but the arrival of a new archbishop saw the plans change. Influenced by the Catholic Reformation, Carlo Borromeo and his architect, Pellegrino Pellegrini, opted to subdue the Gothic look for a Renaissance appearance while they continued to develop the interior and design a new façade. However, when architect Carlo Buzzi was put in charge in the 17th century, he reverted back to the Gothic style and added the iconic main spire and its Madonnina statue.

The building now stood at an impressive 108.5 metres, but the façade still remained that of the original basilica. Politics and a lack of money had stalled the project, and so it was down to Napoleon Bonaparte, the soon-to-be ruler of Italy, to order for the new façade to be completed in 1805. Allied bombing during WWII caused yet more delays, but in 1965 the finishing touches were finally added. 78 different architects had worked on the cathedral over six centuries.

# Restoration work

Ever since the cathedral was completed renovation has been ongoing. First, the main spire became unstable and had to be remounted on a concrete platform and reinforced with stainless steel, and over the last 20 years, 25 more spires have needed similar attention. Several of the interior pillars have also been repaired due to instability caused by subsidence, and in 1972, restoration of the façade began to repair damage done by smog and pigeon droppings. Once the marble had been cleaned, a water-repellent coating was applied and electrical pigeon deterrents installed, but a further period of restoration was needed in 2003. Laser scanning was used to identify areas of deterioration, and a five-year-long project was launched to replace marble blocks and ornamentation.



#### Red bulb

Above the altar, a red light marks the spot where one of the nails of Jesus' crucifixion was allegedly placed.

#### Spires

The 135 spires and pinnacles are a typical feature of Gothic architecture and symbolise reaching for the heavens.

#### The Madonnina

The gilded copper statue of the Virgin Mary was sculpted by Guiseppe Bini and marks the cathedral's highest point.

The Madonnina statue is 4.16 metres tall and gilded with 6.750 sheets of gold foil

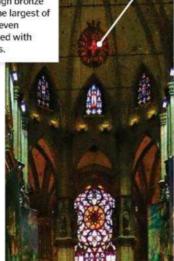


Five broad naves are separated by 52 columns, each almost 25m tall and decorated with statues.



This five-metre-high bronze candelabrum is the largest of its kind and has seven branches decorated with vines and dragons.























# How to build a Viking settlement

Scandinavian seafarers took Europe by storm in the Viking Age

owards the end of the 8th century
Norsemen left their native Scandinavia in
search of new land and riches and set sail
in their longboats across the North Sea. When
they reached Britain, their main objective was to
steal from the locals, earning themselves the
'Viking' name, which is Old Norse for 'a pirate
raid'. However, as well as being fearsome
warriors, they were also skilled settlers and
soon decided to conquer these new lands as well

as raid them. They battled their way through much of northern England, taking control of several Anglo-Saxon kingdoms, until an agreement was reached that divided the country roughly in half. The east became known as Danelaw, the land of the Vikings, while the west belonged to the Anglo-Saxons.

The small settlements established by the Vikings quickly expanded into thriving centres for trade, and many are still there to this day.

The Viking settlement of Jorvik later became the city of York

Dublin, York and Derby are all cities that were founded by the Viking settlers, and they eventually conquered other parts of Europe, too, with attacks reaching as far as the Mediterranean and the Iberian region.

"When they reached Britain, their main aim was to steal from the locals"

#### Vikings on the move

Discover how to conquer new lands and establish a prosperous Viking town



Vikings assemble
Gathering plenty of manpower and a large fleet will make it much easier to take and secure a settlement in a foreign country. Most Viking armies had between 1,000 and 2,000 men and up to 100 longships.



Location, location, location
Carrying out a few raids along the coast will allow you to scout out the best locations for your new home. Regions that have been settled for many years are ideal, particularly old Roman towns.



Build a base camp

Your ships can be dragged ashore and used to build outer defences for a longphort, or 'ship camp', on the coast. This can act as a base for further raiding inland or later be developed into a more permanent settlement.



Raiding and pillaging

Monasteries are a good target for raids as they are undefended and full of treasures, but if you do meet some resistance then you can fight off the locals with your longsword and axe.



Time to trade
To ensure your settlement prospers, establish it as a trading hub for the region, selling items such as fur, wool, fish and even slaves. Eventually, Viking trading networks will stretch across Europe and into central Asia.



Get ready to defend
Your new settlement will be under constant threat from rival Vikings and native Anglo-Saxon armies, so good defences are key. Establishing a royal dynasty will also help ensure a stable succession of future rulers.

# Pompeii casts

Discover how the victims of a volcanic eruption have been preserved

n 24 August 79 CE, Italy's Mount Vesuvius erupted with a violent explosion of lava, rock and ash, sending a cloud of debris 32 kilometres into the air. The nearby town of Herculaneum was soon hit with a scolding pyroclastic surge of volcanic materials, instantly incinerating everyone in its path, while ash and pumice rained down on the neighbouring city of Pompeii. Some of the city's residents managed to flee in terror, but others stayed in their homes hoping the danger would pass. The next morning, a second pyroclastic surge ploughed into the city, suffocating those that remained with toxic volcanic gas and burying them in mud and ash.

Pompeii was lost for the following 1,500 years before being rediscovered in 1599, and after another 150 years a wide-scale excavation of the city began. As archaeologists were digging through the volcanic debris, they noticed distinct cavities in the lava, some of which contained human bones. They soon realised that these were perfect moulds of the dead, left behind after their bodies had decomposed. At first they couldn't work out how to preserve them, but following his appointment in 1863 the director of the excavations, Giuseppe Fiorelli, came up with an ingenious solution. He directed the archaeologists to pour plaster into the cavities so that it would set to form exact replicas of the victims at the moment of their death.

#### "Pompeii was lost for 1,500 years until its rediscovery in 1599"

It was a difficult process, as the plaster had to be mixed to exactly the right consistency to ensure that it was thick enough to support the skeleton but not so thick that it destroyed the fine details of the mould. When they chipped away at the surrounding rock, the final casts were revealed, some featuring intricate details of the victims' hairstyles, clothing and facial features.

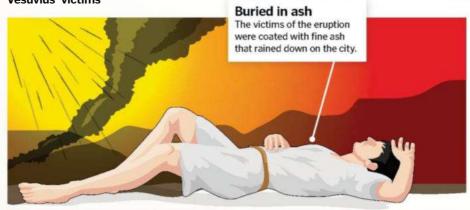
Of the 1,150 bodies discovered at Pompeii, around 100 have been preserved in this way, providing a unique insight into the life and death of the city's residents. Nowadays, modern techniques like 3D scanning have even enabled scientists to create digital images of what the victim's actually looked like, truly bringing them back to life almost 2,000 years after they met their cruel fate.

The famous preserved Pompeii 'bodies' are actually plaster casts of the cavities left by the victims

# Restoring the dead

Discover how archaeologists created lifelike casts of Vesuvius' victims

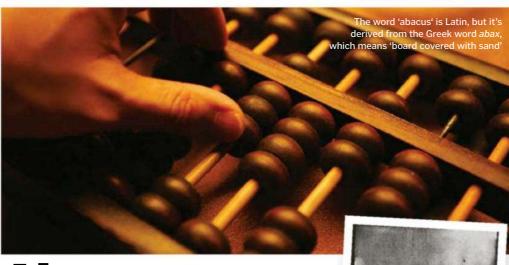






How It Works | 081





# **Abacus**

The ancient calculators that made complex sums simple

efore the invention of the written Hindu-Arabic numerical system that is still used worldwide today, ancient mathematicians performed complex calculations using an abacus. The device is thought to have evolved from the system of columns and markers used on Babylonian counting boards around 300 BCE, but it first appeared as it does today in China around 1200 CE.

The simple counting tool features a series of beads that can be moved up or down wires to represent numbers that are too large to be counted on the human hand. These days they have mostly been rendered obsolete by digital calculators, but they are still used by some shopkeepers in Asia to calculate each customer's bill, as well as by the visually impaired.

# The Salamis Tablet, the oldest counting board ever discovered,

#### Place value

is an early version of the abacus

Each column represents a place value, starting with the ones (1-9) on the right, then the tens (10-99) and so on.

#### **Ancient arithmetic** Learn how to count using an abacus

Total value The beads that are pushed against the central bar represent the final number read from left to right.

Individual

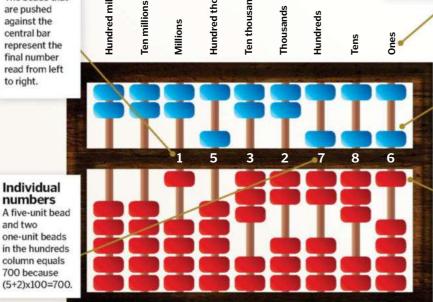
one-unit beads

column equals

700 because

numbers

and two



#### Five-unit beads

Each bead in the top section represents the numerical value five, and is counted by pushing it down.

#### One-unit beads

Each bead in the bottom section represents the numerical value one and is counted by pushing it up.

# Deadly cosmetics

Discover some of history's most ill-advised beauty secrets

#### Lead makeup

During the Roman Empire, and in England The resulting poisoning and even death.



# Arsenic Complexion Wafers

During the late 19th century arsenic wa believed that consuming small amounts was a good way of removing freckles, pimples and other facial marks.



#### Belladonna eyedrops

The poisonous plant deadly nightshade (Atropa belladonna) was used by women t eyes, but it could also



#### Mercury rouge

A bright red and called cinnabar was used as a blusher for into the bloodstream.



#### **Radium** skin cream

radium was heralded as a revolutionary added to all sorts of studies proved it to be deadly.



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# Because enquiring minds need to know...

# MEET THE EXPERTS

Who's answering your questions this month?



Laura studied biomedical science at King's College London and has a master's from Cambridge. She

escaped the lab to pursue a career in science communication and also develops educational video games.

#### Alexandra Cheung



Having earned degrees from the University of Nottingham and Imperial College London, Alex has

worked at many prestigious institutions, including CERN, London's Science Museum and the Institute of Physics.



Tom is a historian of science at the British Library where he works on oral history projects. He recently published his first

book, Electronic Dreams: How 1980s Britain Learned To Love The Home Computer.

#### **Katy Sheen**



**Katy studied** genetics at university and is a former **How It** Works team member. She now works for a

biomedical journal, where she enjoys learning about the brilliant and bizarre science of the human body.



Having been a writer and editor for a number of years, **How It Works** alumnus Jo has picked up plenty of fascinating facts.

She is particularly interested in natural world wonders, innovations in technology and adorable animals.



#### Sarah Copeland

Day of the Dead, or Día de Muertos in Spanish, is a public holiday celebrated in Mexico every year on 2 November. It dates back to the Aztec period when people believed that they could encourage the spirits of

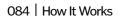
their deceased loved ones to return by offering them gifts. When the Spanish arrived in Mexico the holiday was moved to coincide with the Roman Catholic All Souls Day, and it is now seen as a day for honouring the dead with family gatherings, food and drink. JS

#### How does a 'gravity slingshot' work exactly?

#### Lisa Heitz

As a spacecraft approaches a planet it speeds up under the force of gravity, and as it gets further away it slows down. But planets are orbiting the Sun, so if a spacecraft catches up to a planet and moves in the same direction around the Sun, it is able to steal a tiny bit of its acceleration. When the spacecraft breaks away, it will be going much faster than it was when it arrived. LM







# Why do animals play dead?

#### Li Yung

■ Playing dead, a behaviour known as thanatosis, has been observed in several species in the animal kingdom. In most cases, such as that of the American opossum, it is a form of defence from predators. Not only does it help the creature evade detection, but it also serves

as a warning not to eat them because if they are already dead, they may harbour dangerous bacteria. Alternatively, thanatosis can be used to attract scavenging species as prey or, in the rare case of the male nursery web spider, help induce mating by encouraging the female to drag them to their nest. **JS** 



# Why did Brazil enter World War I?

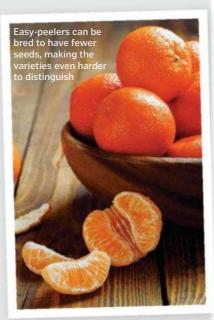
#### Terry Landing

At the beginning of World War I, Brazil held a neutral position on the conflict. However, the war interrupted trade channels that Brazil held with Germany, and instead strengthened its ties with the United States. Public opinion in Brazil gradually steered towards supporting the Allied forces, and when German submarine warfare destroyed a Brazilian vessel in October 1917, the country took action. Brazil declared war on the German Empire on 26 October 1917. **KS** 

# What are the differences between clementines, satsumas, tangerines and mandarins?

Lee Connelly

■ All four of these fruits are varieties of the species *Citrus reticulata*, sometimes known as loose-skin oranges or 'easy-peelers'. It is thought that the mandarin was the original fruit, from which the three other easy-peelers were bred. However, the differences between these citrus fruits are subtle, so the names are often used interchangeably. Clementines are usually seedless and sweet, while tangerines are more acidic, have more seeds and are trickier to peel. Satsumas are the simplest to peel, low on seeds and have a more delicate flavour. Tangerines are traditionally darker in colour than mandarins, but there is very little difference between the fruits themselves. **KS** 



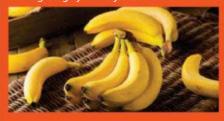
## When was the unicycle invented?

The history of the unicycle is a little unclear, but it is thought that the unusual vehicle emerged shortly after the penny-farthing bicycle in the late 1800s, when skilled cyclists began demonstrating that they didn't need the bike's smaller wheel to balance. **KS** 



## Can you get potassium poisoning from bananas?

For potassium levels in your bloodstream to reach potentially lethal levels, you would have to eat about 250 bananas in one sitting, making it highly unlikely! **AC** 



## How do spy planes avoid radar systems?

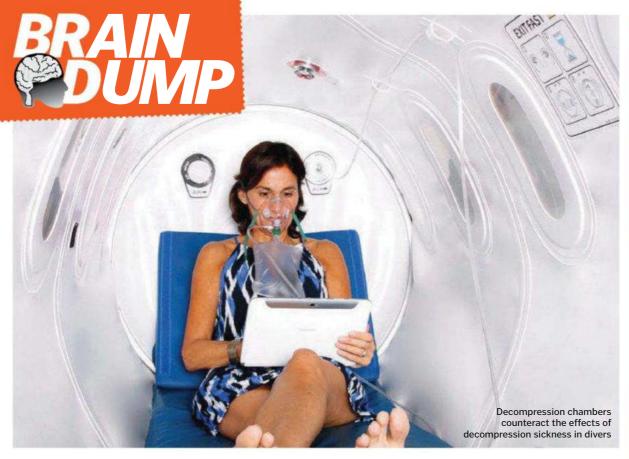
Radar works by sending out radio waves and then detecting any that get reflected back by bouncing off a surface. Spy planes are painted or made with materials that absorb the radar signal, meaning less of it bounces back, and they have stealthy shapes that deflect the radar signal away from the radar station. **TL** 



## Why has it taken so long to finish the Sagrada Familia?

Architect Antoni Gaudi designed the Sagrada Familia to be incredibly ornate, incorporating delicate arches, spires and ornamental features throughout. It is set to be completed in 2026, 144 years after construction began. **KS** 





# How do decompression chambers work?

#### **Penny Walters**

■ Hyperbaric chambers work by reproducing high atmospheric pressure to reverse the symptoms of decompression sickness ('the bends'). When scuba diving, nitrogen from a diver's air tank dissolves into their bloodstream. Ascending too quickly causes a rapid pressure drop and bubbles of nitrogen to

form, a bit like when you open a fizzy drink. Symptoms can include muscle pain and fatigue. By subjecting a person suffering from the bends to increased pressure, the nitrogen in their blood is forced back into solution, relieving the symptoms. By gradually reducing the pressure inside the chamber the patient is brought back to normal air pressure. **AC** 

# Energy-saving lightbulbs take some time to reach full intensity

## Why do energysaving bulbs take time to 'warm up'?

#### Julian Scalari

Energy-saving lightbulbs light up gradually since it takes time for the mercury inside the bulb to fully vaporise. The bulb contains a small amount of mercury in liquid form at room temperature. When you switch on the light, causing an electric current to run through the bulb, the heat converts the mercury to a gas, which emits ultraviolet radiation. The phosphor coating the bulb casing then absorbs this ultraviolet light, reemitting it as visible light. **AC** 

#### Who invented chess?

Chess' ancestor is a 6th century Indian game called chaturanga. Over centuries many people played different versions of chaturanga and it gradually evolved into modern chess, so it has many inventors. **TL** 



## What's the best way to get rid of a stitch?

Just breathe. A stitch is a cramp in the diaphragm – the sheet of muscle that sits between your lungs and your abdomen. Steady, deep breaths and some stretching should help to sort it out. **LM** 



### Can sharks swim backwards?

Unlike most other fish, sharks cannot swim backwards, but some species can 'walk' backwards. The epaulette shark, for example, can use its fins to pull itself along the seabed in reverse. **JS** 



## Why do comets have tails?

The Sun creates a stream of particles called solar wind, which blows material away from comets, creating their tails. One tail is made of tiny fragments of dust, the other of electrically charged particles, and sometimes there's a third tail made from sodium. LM





## Why does milk curdle?

**George Edison** 

■ Milk contains tiny casein molecules arranged in structural spheres called micelles. These interact with water but float separately in the liquid, repelling other micelles with their negative charge, which helps them to stay mixed into the milk. As milk gets old, it starts to go sour because of acids produced by microbes. These acids neutralise the charge of the micelles, causing them to clump together. The result is that the milk starts to split, leaving blobs of fat and protein called curds and a watery liquid known as whey. LM

#### How does nail polish remover work?

Hannah Tompson

■ Nail polish remover is a solvent, usually acetone or acetate, which takes off nail polish by getting in between the polymer chains in the polish. Once these chains are separated, the resulting solution can be easily wiped off. AC



#### How did they build the Burj Khalifa?

**BRAIN DUMP** 

Jeremy Clarke

■ This 829.8-metre-high skyscraper (the world's tallest building) was built in Dubai between 2004 and 2009. Construction began with digging a hole to lay the foundations, needing over 100,000 tons of concrete and steel piles driven into the ground to support the structure. Workers then built the central core, which supports the structure and contains elevators. As the core grew, with giant cranes lifting materials into place, workers on the levels below built outwards, adding supporting walls, floors and cladding. TL

#### **Why does British** and American chocolate taste so different?

**Chuck Wilson** 

■ The taste of chocolate is determined by the amount of cocoa it contains, how long the chocolate was mixed for, the flavour of the milk used, and any additional ingredients that are added. These factors can differ in American and British chocolate, giving them their distinctive individual tastes. JS



#### Why did **Prohibition start** in the US?

Susana Delgado

■ In the US, popular 'temperance' movements that opposed alcohol became powerful by the early 20th century. Some religious groups saw drunkenness as sinful. Others worried about crime and the social and health problems that alcohol caused. It was also thought that drinking might have harmed America's effort in WWI, so alcohol was prohibited in 1919. Yet rather than cutting crime it led to gangsters supplying booze illegally and making a fortune. It was abandoned in 1933 as a failed experiment. TL

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# **BOOK REVIEWS**

The latest releases for curious minds

# Astrophysics for People in a Hurry

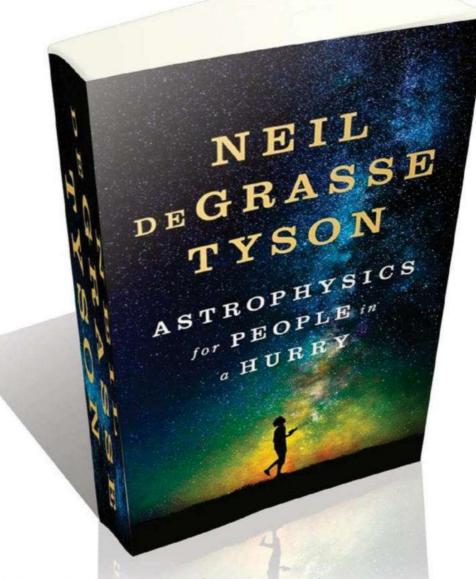
#### A quick look at the universe

- Author: Neil DeGrasse TysonPublisher: W W Norton & Co
- Price: £14.99 / \$18.95 ■ Release date: Out now
- hows like *The Big Bang Theory* have helped bridge the gap between science and popular culture in recent years and turned scientists like Neil DeGrasse Tyson into names known around the world. And with good reason
- DeGrasse Tyson is one of the foremost astrophysicists in the world and has a talent for communicating complex ideas in a way that is not only easy to understand for even the most uneducated listener, but is also incredibly arresting as well.

It's fair to say, then, that we opened Astrophysics for People in a Hurry with high expectations. At just over 200 pages, the book doesn't have all that much space to cover such an intensely complex topic, but DeGrasse Tyson manages it with aplomb. In fact, this collection of essays (previous published between 1997 and 2007 in Natural History magazine) toes the line between entertainment and interest brilliantly, never getting too bogged down in fine detail.

There are certainly parts – especially in the first chapter – where we had to go back and read through sentences again to fully understand their meanings. Frankly, however, we would expect nothing less when someone is explaining the science of the Big Bang and the quarks, bosons and other particles involved in it, in less than 18 pages. As we said, these are intensely complex subjects.

What the book does so well, though, is intersperse this high-level science with stories from DeGrasse Tyson's childhood, interesting facts about the world, and even fart jokes. And that's not something we were expecting to say in this review. But that's part of this book's magic. While the focus is, of course, astrophysics, the



book meanders through various scientific topics as it discusses this.

The last two 'chapters' are a particular highlight, discussing the size of the universe and the likelihood of alien life being able to find us, let alone communicate with us, in the

vastness of space. There are lessons here that deserve attention; that DeGrasse Tyson conveys them without preaching is a masterstroke. It's a fine end to an excellent collection and well worth your time – even if you're in a hurry.

\*\*\*\*

#### YOU MAY ALSO LIKE...

#### A Short History of Nearly Everything

Author: Bill Bryson
Publisher: Black Swan
Price: £9.99 / \$18
Release date: Out now

Considerably larger than DeGrasse Tyson's work but also more wide-ranging, this amusing yet informative book covers everything from the Big Bang to the first human civilisation.

#### Death by Black Hole: And Other Cosmic Ouandaries

Author: Neil DeGrasse Tyson Publisher: W W Norton & Co Price: £12.99 / \$15.95 Release date: Out now

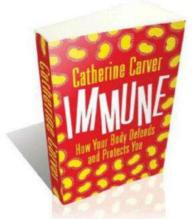
Another collection of DeGrasse Tyson's essays, this explores topics including the night sky's authenticity in movies and – you guessed it – black holes.

## **Everything All at Once**

Author: Bill Nye
Publisher: Rodale Press
Price: £21.01 / \$26.99
Release date: Out now

America's famous Science Guy aims to help you unleash your inner nerd and look at the world in a different way. The aim is to achieve great results just by changing the way you think.

#### **BOOK REVIEWS**

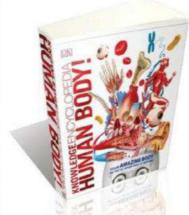


#### **Immune**

# How your body defends and protects you

- Author: Catherine Carver
- Publisher: Bloomsbury Sigma
- Price: £16.99 / \$27
- Release date: 21 September 2017

Exploring the depth of a scientific topic while remaining entertaining and enticing to a wider audience is a delicate tightrope to walk - but it's one that Catherine Carver does brilliantly in Immune. The book is dedicated to explaining our body's intricate immune system, its brilliance and its pitfalls, from our highly capable 'adaptive assassins' - so often our silent protectors - to our immune network's inability to recognise tumors. Carver, a trained medical doctor and research scientist, has ably deconstructed the often off-putting complexities of biology with her witty and imaginative prose.



#### Knowledge Encyclopedia: Human Body!

# An illustrated guide to your insides

- Author: N/A
- Publisher: **DK**
- Price: £18.99 / \$24.99
- Release date: Out now

It will come as a surprise to no one that the human body is incredibly complex. Home to a multitude of organs busily performing a diverse range of functions, the intricate machinery that keeps us running is still poorly understood. In Human Body!, DK presents a readily accessible guide to fill in the blanks and help educate younger readers on the components, cells and organs that comprise us. Well-drawn 3D illustrations play a key role, reinforced by diagrams, infographics, tables and text to present a vast amount of information in a welcoming format. Recommended for budding scientists.

# The Greatest Story Ever Told... So Far

# How humanity came to understand the universe

- Author: Lawrence M Krauss
- Publisher: Simon & Schuster
- Price: £20 / \$15.79

\*\*\*\*

Release date: Out now

From critically acclaimed author
Lawrence Krauss comes a boldly titled
book that showcases both the wonder of
physics and his expert ability to convey it
simply to a non-expert audience. Some of
the chapters are, at the very least, tailored
for an enthusiast of the physical laws, but
that should not dissuade those who are
interested in investigating humanity's



place in nature. In 23 chapters Krauss guides us through the features of the universe that govern our very existence and reveals the questions that remain a mystery to our greatest minds, which are bound to intrigue.

#### \*\*\*

#### Scale: The Universal Laws Of Life And Death In Organisms, Cities And Companies

The scale of life as we know it

- Author: **Geoffrey West**
- Publisher: **Orion**
- Price: £25 (approx. \$32.50)
- Release date: Out now

Testing the strength of a theory tends to involve applying it to as wide a subject matter as possible. Physicist Geoffrey Wes takes this and runs with it, applying the question of why humans live as long as the do to husinesses, socioeconomics and

much more. The resulting book is a less deadpan *Freakonomics*. While his conclusion is clear from the outset – all living organisms are, to a degree, scaled down versions of each other – in truth this is a starting point for what turns out to be an astonishing book, possibly the most memorable one you'll read for a while.

\*\*\*\*

# Dead Zone: Where The Wild Things Were

The price nature pays

- Author: Philip Lymbery
- Publisher: Bloomsbury
- Price: £12.99 / \$18
- Release date: Out now

As the human population increases and natural resources become scarce, the animal kingdom sadly has to bear the brunt of the negative consequences. More and more species are becoming endangered all

the time, and it's hard to see where it will all stop. Philip Pymbery paints an aptly bleak picture, discussing in depth a number of species now in dire straits while detailing what can be done to save them. It might leave you with a feeling of helplessness, but that's no reason to steer clear. This comes packaged with much critical praise, and you will see why upon turning its pages.

\*\*\*

# Astronaut 1961 Onwards: Owners' Workshop Manual

Spaceman revisited

- Author: Ken MacTaggart
- Publisher: **Haynes**
- Price: £22.99 / \$36.95
- Release date: Out now

We're a huge fan of the Haynes manuals here at **How It Works**, but surely they're running out of subject matter? Apparently not, as denoted by this latest installment in the series. Focusing on the classic astronausuit, reading this is akin to taking a journey through time and space, from the earliest

science fiction to the advances that made the Moon landings possible, and the subsequent successful attempts to achieve this. Haynes has long mastered the art of appealing to all ages, and the same feat has been achieved here. One for the budding spacefarer in the family.

\*\*\*



# BRAINGYN

## Wordsearch

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	N	Т	R	Α	V	E	N	0	U	S	Р	K	Ε	Т

#### FIND THE **FOLLOWING** WORDS...

**NOKIA PANGOLIN DUOMO INTRAVENOUS SYNTHESISER MANHATTAN ANTHROPOCENE TSUNAMI PINE TFA ASTROLABE** MOON **CARWASH SOCIALMEDIA SAILING LEAD POMPEII PULSAR EARTH TRUSS** 

# **Quick-fire questions**

**Q1** Match the social media sites with the years they launched:

Facebook

2006

Instagram

2004

**Q2** Anthropocene means

Humans

Spiders

Q3 Which physicist was director of Los Alamos during the Manhattan **Project in WW2?** 

# **Spot the difference**

See if you can find all six changes we've made to the image on the right



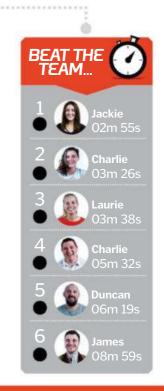


## Sudoku

Complete the grid so that each row, column and 3x3 box contains the numbers 1 to 9. See if you can beat the team!



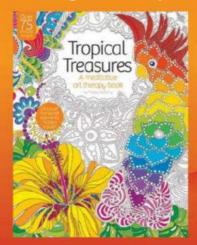
	9	3				2		5
6				2	8	9	3	4
		4	9	7	3	8		
9		8		4	5			3
1		7		3	2	4		6
			6	1	9		5	
			3	8	6		4	7
3	8		4	9	7		-	
	4		2		1	3		9



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Daniel Scott (aged 15) via emai

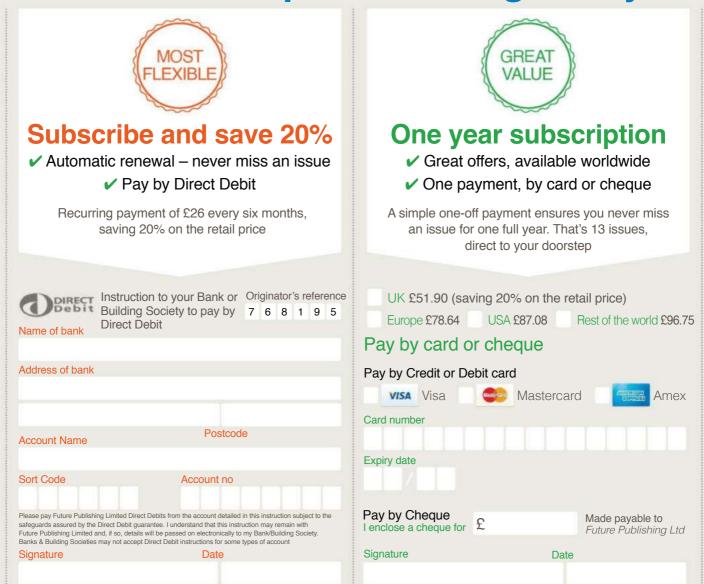
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# HOW TO... Practical projects to try at home

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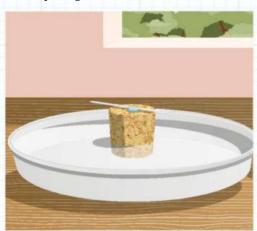
howitworks@futurenet.com

Make a simple compass
Use a magnet, a needle and a cork to track north and south



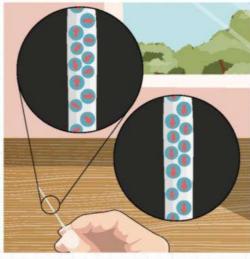
#### Rub the needle

First, you will need to find a bar magnet and a sewing needle. Now hold the needle by the eye -where the hole is - and rub the north end of the bar magnet along the length of the needle. Lift the magnet away from the needle, then move it to the other end and rub it again. You will need to repeat this process 50 times to ensure your needle is correctly charged.



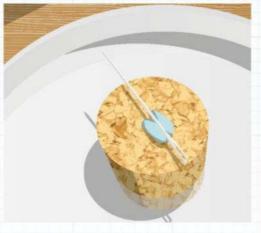
#### **Get it floating**

Run some water into a bowl and let it settle for a few minutes. Any small movements in the water might cause the cork to move, so you want the water to be as calm as possible. When the water is calm, carefully place the cork in the centre of the bowl so that the needle is on top and can move freely. If it starts moving towards the edge of the bowl, stop it with your finger.



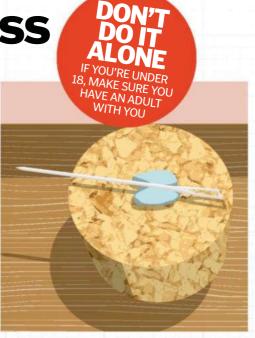
#### Magnetised

By rubbing the magnet along the needle you are moving the charged particles inside the metal, called electrons. Normally they all point in different directions, so the metal of the needle doesn't have a magnetic pull in any particular direction. However, when you rub the magnet along the needle the particles all line up, creating a charge in one direction.



#### **North and south**

Wait a moment and the cork and needle should start to move - you might have to wait a little while for the needle to settle. The eye of the needle should end up pointing north, while the sharp part of the needle will point south. This works because of the magnetic field created by the metals in the Earth, which affect all kinds of magnetic objects.



#### Stick it on

In order to create your compass, you need to place your needle in a place that will be able to turn freely, without friction stopping it moving. The easiest way to do this is to place your needle in water - but you need it to float! To make it float, put some sticky tack on the top of a cork and stick the needle into the tack so that it's balanced on the top.

"Rubbing the magnet on the needle makes the particles line up"

#### In summary...

Magnets create magnetic fields, and these show the pulling power that the magnet has. The Earth's molten metallic core means the planet is like a huge bar magnet, so when you charge a needle like this, it lines up with the magnetic field of the Earth and points north. That's why people can use compasses to navigate!

for any adverse effects experienced after carrying out these projects Always take care when handling potentially hazardous equipment or when working with electronics and follow the manufacturer's instructions

# **Test your taste buds**

See what your taste buds can do with this simple test!



#### 1 Chop up some fruit

You might have heard that when you hold your nose you can't taste the things you are eating. To test this out, you can try some strongly flavoured foods while you hold your nose, and then let go to see if you notice a difference in the effects! The best foods to do this with are strong fruits like lemons and limes, but you can also use things like carrots, apples and even sweets. Chop up your fruit to release some of the juices.

"Taste buds recognise chemicals and send signals to your brain"



#### Hold your nose!

When you taste something, the taste buds on your tongue recognise the chemicals in the food and send signals to your brain that tell you what kind of flavour it has. When you smell things, a similar process takes place in your nose. What's interesting is that the two things are closely linked. Hold your nose and lick the lemon slice – can you taste the lemon's flavour, or do you just get the acidic tingle and no flavours?



#### Release and breathe

Take a big lick of the lemon, and after a couple of seconds release your nose and breathe deeply. You'll find that the flavour of the food quickly floods your taste buds! If you don't get the full effect, or thought you could taste it with your nose pinched, try closing your eyes and asking a friend to touch a piece of fruit to your tongue. Can you tell what kind of flavour it is? Release your nose and find out if you're right!

#### In summary...

Your sense of taste is quite basic. Your taste buds can only distinguish certain things, such as whether something is sweet or bitter. Specific flavours that would help you tell different fruits apart are sensed inside your nose – so holding your nose stops you tasting these flavours.

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Nitrogen filling prevents the lenses from fogging up, even in damp conditions.

#### A pair of Ostara Elinor 10x50 binoculars worth £199.99

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Which of these is a NASA probe?

- a) Fandango
  - b) Galileo
- c) Bismillah

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#### **Letter of the Month**

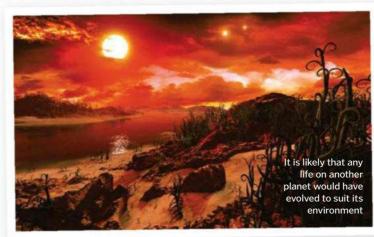
# What could aliens look like?

I am an avid reader of your magazines and I am constantly asking my brother if he has finished with it so I can pore over it too. I love reading all of your amazing articles on space as it really interests me. I have a question for you. What is the likelihood of finding extraterrestrial life, and are there any theories on what it would look like? I would really love to have you answer my question please.

Yours sincerely.

Hazel Cooper, age 14

There are lots and lots of theories about what an alien might look like. An alien's morphology would really depend on the type of planet it was living on. An Earth-like planet could be home to aliens that look similar to life here. However, different selection pressures found on distant worlds would cause evolution to take different paths. For example, aliens living on a very dark planet



may have evolved to have no eyes and use feelers instead, or a planet with little dry land may have life that is predominantly aquatic and uses gills to breath.

Most scientists agree that in a seemingly infinite universe of truly gargantuan size there must be life on other planets, but we can only speculate as to what it may look like.

#### Storage space

I really enjoy your magazines. Every month I find there's so much I wouldn't know if I hadn't read them. I really enjoyed learning about the funny bone in issue 97. I have a question to ask you. Do we have a minimum amount of space in our brains? Bert Ramsay, age 12

Scientists don't know if we have a minimum amount of space in our brains, but we believe that there is a maximum amount of space, but it's so huge that we never need to worry about filling it all! We can only make educated guesses because scientists haven't yet figured out how to measure how much of the space is taken up by a memory or a thought. On average, it's estimated that we have about 2.5 petabytes of space in our brains, which is equivalent to the amount of data in 3 million hours of TV shows!



Your brain is so powerful it uses about 20 per cent of your energy intake

#### **Another planet?**

Dear **HIW**,

When I first read your magazine I was amazed at all the different sections. My favourite part of issue 99 is the robots feature. My question is: What is Planet X? All I know is it's beyond the Kuiper Belt! **Paul Montague** 

The hypothetical 'Planet X' (also known as Planet 9) is based on evidence uncovered by Caltech researchers that suggests there may be another unknown planet deep in the Solar System. Though scientists have never

actually found it, they are pretty sure it is there because the dwarf planet Sedna and other planetary bodies beyond Pluto share strangely shaped orbits - as if something big is

tugging on them - but we haven't located it yet. It has been predicted to be up to ten times more massive than Earth and is so far away that it takes between 10,000-20,000 years to orbit the Sun. There has been a hunt over the last few years to find the planet, so we may find more evidence for it soon.

Planet 9 is believed to orbit the Sun 20-times further away than Neptune

#### How to become queen bee

Dear **HIW**,

How does a queen bee become different from a normal bee? Kind regards,

**Tobias Hartley** 

Good question Tobias! The queen bee is selected out from the hive when she is only a larva and exclusively fed the very sweet and nutritious 'royal jelly' through her entire life. It is theorised that this special diet allows her to mature and become fertile. All of the other bees in the hive live on a different

A queen bee may lay up to 1 million eggs in her lifetime

diet, and they are not able to sexually reproduce. The queen also secretes a pheromone that suppresses the female worker bees from reproducing.

#### What's happening on...

# socia media?

We asked our followers what would they create if they could genetically engineer anything...

"For me, I'd love flavored celery. Spicy, sweet, mustard, etc - flavors in such a low calorie package would be amazing." **Amanda Abbott** 

"Strengthened immune systems in new generations"

Suzie Sasse

"#BioHacking for a more resilient, stronger and smarter human species" @adu1tg33k1

We were pleased to see that some readers were inspired by our recent Rubik's Cube article!

"@HowItWorksmag inspired by my son's mag, holiday challenge, day z I've accomplished it! 30 years behind but never too old to learn. Thanks HIW"

@SarahBreaks





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81.8 N THE HEIGHT OF THE TALLEST PINE TREE THE EARLIEST EVIDENCE FOR LIFE ON EARTH DATES BACK

3.8 BILLION

YEARS

THE SKIN IS THE LARGEST ORGAN OF THE BODY THE INTERNATIONAL SPACE STATION IS BIGGER THAN A SIX-BEDROOM HOUSE

>2,000
PULSARS HAVE BEEN DISCOVERED SO FAR

800KPH
THE SPEED AT WHICH A
TSUNAMI CAN TRAVEL
THROUGH OPEN OCEAN

# 50111 TCNS OF CARGO IS TRANSPORTED BY AIR EVERY YEAR

20%
OF A PANGOLIN'S BODY WEIGHT COMES FROM ITS SCALES

THE AVERAGE
SMARTPHONE CONTAINS
MORE COMPUTING POWER
THAN THE COMPUTERS
THAT WERE USED FOR
THE MOON LANDING OF
APOLLO 11

69 KNOWN MOONS ORBIT JUPITER

THE ESTIMATED NUMBER
OF SHIPWRECKS IN THE
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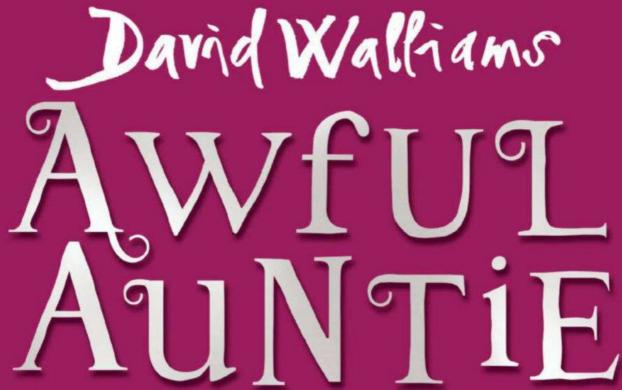
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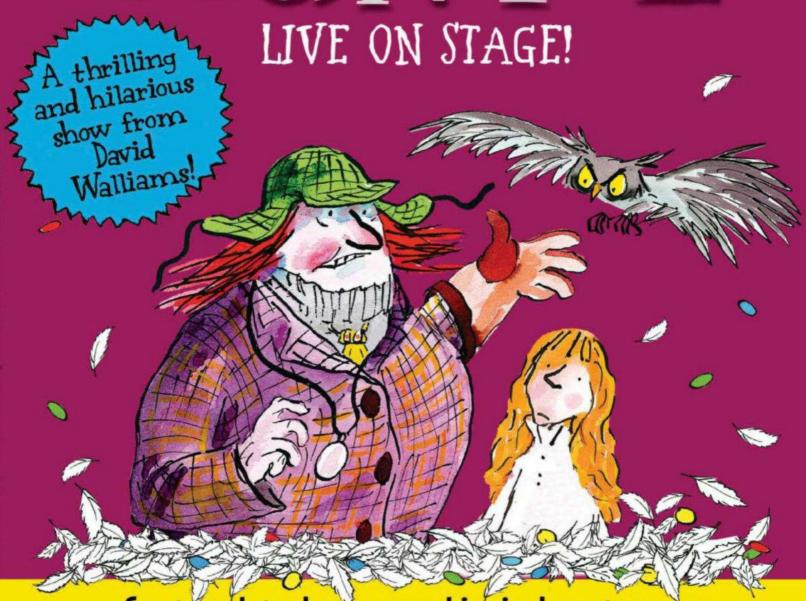
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